

# The INSIDER

An Independent Newspaper For Wynmoor Residents

VOL. 6 NO. 12

#### DECEMBER 2022





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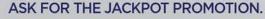
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ところ	President Msg.Page 5Pen to Paper.Page 6Admin. Msg.Page 7WoodshopPage 10Martin Zevin, PA.Page 13Safety SolutionsPage 13Safety SolutionsPage 15Financial FocusPage 20Clubs.Page 21MoviesPage 30Puzzles & GamesPage 31Property AppraiserPage 33AcupuncturePage 34	Balance & AgingPage 39Golf TipsPage 42New Year's EvePage 43Ask Dr. JoyPage 44ShowsPage 45Camera ClubPage 46Important NumbersPage 48SheriffPage 54Monday Night DancePage 56Pool/BilliardsPage 58MuseumPage 59ClassifiedsPage 62
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We are at full capacity, in the midst of the Holiday Season and in anticipation of the many planned festivities just around the corner! We are truly blessed to live where we are free to observe our personal beliefs no matter their origin and yet have the capacity to respect one another and celebrate the joys of the Holidays together. Wynmoor is so fortunate in that we are a diverse community with residents from all over the country and beyond. We come from different backgrounds and ethnicities; however, we share a common bond as neighbors and many of us have built invaluable friendships living in this wonderful community.

I would like to take this opportunity to say "thank you" to all the association boards, building directors, etc. Their job is not an easy task. They selflessly devote their time and efforts to what is often a thankless job. Their contribution of time and effort is the perfect example of community living. It allows the great majority of residents to go about their day never

> noticing what it takes to keep their building and grounds looking great!

In this vein, Meet, Eat and Greet celebrations have resumed. This activity is a perfect opportunity to join your friends and neighbors to promote a true spirit of our community. As we have come back to normal and have reopened our facilities and have

> returned to in-person events and activities, we encourage our residents to join all the wonderful amenities Wynmoor has to offer. Please come out to a show, movie, dances, bingo or whatever you enjoy.

We have also reinstated our monthly resident orientations and bus tours of the Wynmoor properties. This is a great opportunity for our residents to become educated of the day-today operations of council and administration. This also serves as a great tool to show off our amenities. Please support all the activities we have to offer.



challenging year with supplies and demands being at an all-time low. Staffing also has been difficult, but through this time our department heads and employees have proven their resilience and dedication to the wellbeing of Wynmoor. Thank you all for your willingness to always step up and pick up the slack wherever needed. Of course, there is always room for improvement and that is what we strive for and hope to achieve in the future with Bruce Bandler as our Administrator at the helm.

I would also like to thank my Management Committee who has volunteered timeless hours and support to maintain the integrity and reputation of the Wynmoor Community property. Value is at an all time high as well as the level of resident's satisfaction.

My wish for all you this Holiday Season is that you get to spend some precious time with those most important to you in your lives; friends, family, whoever they may be. The joy of togetherness is invaluable and irreplaceable. Happy Hanukkah, a Blessed Merry Christmas, Happy and Healthy New Year! May God Bless you and your family in 2023 and beyond!

Jackie Railey

Jackie Railey, President



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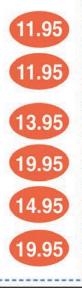
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#### Not Easy to Talk About Death-But! By Mobolaji Adedoyin

I know it is not easy to talk about death or dying, especially in December, when many people are thinking about a new year starting soon. One of my friends does not like to use the word die, he always says "When I close my eyes." If you are over seventy years of age closing your eyes one day must cross your mind once awhile, especially when you know and hear that people younger than you close their eyes daily.

An uncle once said, "There is no guarantee a pregnant woman would give birth to a healthy child, but right after that child is born, he or she is sentenced to die one day." It took me a few decades to really understand what my uncle was trying to say many moons ago. Death is a debt everyone must pay no matter how nice, beautiful, or good looking you are. No one lives forever. Just because you don't talk about death or dying does not mean it won't happen to you. You must as well be prepared for it, especially if you have children, loved ones, and friends you love and hopefully love you in return.

I said hopefully love you too because there is a saying, "You can be sure whom you love, but you cannot be too sure who loves you." Love is a complicated word with different definitions by different people. There is also various levels, and degrees of positive feelings or affection for someone. It is possible to love someone very much as neighbor for several years, but is that love to a level you wouldn't mind burying that person when he or she dies?

I talked to ten friends and neighbors over seventy years of age about dying. Here are what I found out:

• Every one of them admitted that dying crosses their minds once awhile.

Six out of ten of those people said they are ready to die at any time. I was expecting more to say they are ready.
A follow up question to those that claimed they are ready for death was,

"Do you have a "Will" or instructions for your children, family, or friend(s) on what you want after you close your eyes?" Four out of those six answered positively. One of them said he does not care how his two daughters bury him - he has funds for them to bury him. The sixth person said he plans to write few instructions for his only son soon.

• Three out of those ten people do not have a "Will" or instructions for their loved ones. One of them with three children from two different women, said he does not want to even think about a "Will" or instructions.

• One person admitted she has no children or relatives alive that would bury her. Her younger sister died about two years ago, after Covid arrived in America. She also did not have any offspring. I know it is very difficult for someone without loved ones to think about death, but you should at least let a close friend know the County or State must bury you. I wish everyone dies peacefully.

#### Christmas on the Pennsylvania Farm By Lil Miller (Copywriter Yana Vardanyan)

When the real picture of Christmas was still in my head, I was only 12. My Italian family gathered together — the crowded house where we had to share beds, rugs, and blankets — happy times in anticipation of the most important event of the year. We heard bells and rings in the dark, and my uncle didn't let us peak out the window! We had to get to bed, or else we wouldn't get our presents from Santa. Santa was on the roof with this huge bag of gifts, Rudolph cut his leg, and the blood was on the snow. The mystery of that magical night still lives with me. Oh, my creative uncle, Santa, and his little donkey in this furry costume, which we naively believed to be Rudolph, a reindeer. Magical spirit, crisp air, and the effort of my uncle to create that fairytale for

Continued on page 16

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# FROM THE ADMINISTRATOR **By Bruce Bandler**

The Holiday Season is upon us, the excitement is building and the activity level here at "home" is reminiscent of the good old days! Welcome back all seasonal residents; please join your friends and neighbors for what promises to be "a long-awaited return to normal!"

Management is happy to announce the reopening of all offices where,

for your convenience, in-person resident services have resumed. Nothing compares to that personal touch only face-to-face contact provides. I think we all missed that interaction more than we realized and we look forward to serving you!

Many new faces in the community prompted the return of the "New Resident Orientation Seminar." Hosted by Management and the Administrative Team on the first Tuesday of each month, I think you'll find this presentation both interesting and informative. It will provide you with a complete overview of the Wynmoor way of life. You'll also have the opportunity to meet the Administrator's team of professionals who will be happy to answer any questions or address any concerns you may have.

Board the bus for an educational and enjoyable experience as we combine history and scenery in our "Tour of Wynmoor!" We have found there is a great deal of interest among our resident population in learning about how we got here; in response to many requests, we have scheduled a monthly bus tour on the first Wednesday of each month. The bus will depart from the Country Club at 10:00 a.m. Reservations are required and can be made at www.wynmoorlife.com.

While we're on the subject of enjoyment, check out the Entertainment Schedule this month. The Theatre is back in full swing offering first-class live shows for a thrilling entertainment experience. Check out the full schedule in this issue. Buy your tickets now while they're still available. For your convenience, the Box Office is open every Monday from 9:00 a.m. until noon and from 2:00 until 4:00 p.m. as well as on Wednesday morning from 9:00 a.m. until noon.

Looking for a place to celebrate New Year's Eve? Well...look no more. With two planned parties, get a group together and come on down to the Grand Ballroom in the Country Club or, if you prefer a slightly smaller crowd, we'll be hosting a party in the West Wing as well. Reservations are underway with a \$15 ticket price for either location. Additional details can be found inside this issue.

A special "thank you" to both our Grounds and Building Maintenance Departments. Their expediency in preparation for the potential effects of "Nicole" proved, once again, Wynmoor is fortunate to have a "firstclass" work force.

Wishing you all a safe, happy, and healthy Holiday Season; Merry Christmas, Happy Hanukkah, and all best wishes for the New Year!

Swa Salle

Bruce Bandler, Administrator





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The Women's Club of Coconut Creek is hosting a Butterfly Garden Tour March 4, 2023. This event will provide the public the rare opportunity to visit beautiful private yards, farms, vegetable and sculpture gardens in lovely areas across Coconut Creek. There will be a variety of landscapes featured along the self-guided tour. The proceeds earned from this event will benefit the WCCC Annual Scholarship for students living in Coconut Creek. To register, scan the QR code above or contact wcccButterflyTour@gmail.com for more information.

#### Give the Gift of Creek's Best Kept Secrets **This Holiday Season**

#### By Laura McDermott Matheric

As residents of Coconut Creek, we know what a gift it is to live in this town. Throughout this city, there are wonderful delights that surprise even the longest of residents. Hosted by the Women's Club of Coconut Creek, The Butterfly Garden Tour is a fun way to find out what gifts and talents residents have used to promote ecofriendly practices on their properties. This will be an enjoyable presentation for those curious to discover what a gift to the community their Creek neighbors are.

This is a self-guided adventure that will begin at City Hall where pre-registered participants receive a wristband and a secret map listing 12 properties to drive to throughout the city. Included in the tour are murals and orchid walls, a front yard edible farm, a native tree house, a horse farm, rose gardens, butterfly gardens, sculpture gardens, a suburban orchard, and water features. There's even a secret garden within one of the secret gardens!

"The gardens are important to see, and this is a great incentive to get residents out and into the outdoors," says Commissioner John Brodie. "It is also a good way see what native plants can attract. And playing off the city's Arbor Day initiatives, this program extends from our current efforts."

The tour ends in Veterans Park that honors those who served, and then leads to the city's Hometown Market for eats, drinks, gardening tools and accessories.

"A garden tour throughout Coconut Creek is a great idea, and I'm happy that the Women's Club of Coconut Creek is planning this," says city Urban Forester Sharon Vollmer.

As we enter the holiday season, consider gifting loved ones and friends this educational expedition that highlights the best kept secrets of Coconut Creek.

The Butterfly Garden Tour of Coconut Creek takes place Saturday, March 4, 2023, from 9:00 a.m. to 1:00 p.m., and proceeds throughout the city's 12 square miles. For more details about this event and to purchase tickets, visit www.eventbrite.com/o/womens-club-of-coconut-creek-55812470493. For more information about the Women's Club of Coconut Creek, visit their website at www.WomensClubCoconutCreek.com.

About the Author: Laura McDermott Matheric was recently appointed Poet Laureate of Coconut Creek, the first in any Broward County municipality. She is a Professor of English at Broward College and serves as the president of the Women's Club of Coconut Creek. She does not have a green thumb.







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# Wynmoor WOODSHOP By Ernest Fleury

In March 2022, the Wynmoor Woodworking Club donated \$5,000 to the Coconut Creek Education Foundation. The Foundation will distribute the funds in the form of a scholarship to qualified Coconut Creek students seeking a career in any discipline of Vocational Education. A letter of appreciation is proudly displayed in the left display window of the shop.

Nominations of the 4 officers and the 6-member Executive Board are now being accepted. Nominations will be announced at the December 2nd meeting. Voting will be held at the January 6, 2023 meeting, and the names of the elected officers will be announced. Members are encouraged to participate.

Wynmoor residents regularly stop by the shop with all kinds of minor repair work from chairs to kitchen drawers. If it's made of wood, we could!

If the Woodshop were to display all the crafts that our members produce monthly, we would need two pages. This month we randomly selected some of the most recent creations.

1. This tanker truck was left at the front door of the Woodshop one morning in a Whole Foods shopping bag. When it was still there at 3:00 p.m. one of the members looked into the bag and found this unfinished wood truck. Research found that it was of Amish origin and worth \$59 unfinished. Ernie tightened the wheels and prepped it for Marty Levin to perform his magic. He finished it with lacquer paint, 2 mirrors, a grill and finished it with Water-based poly gloss.

2. This 8" x 9" bowl was created by Dave Norcross from a 12" Cataphylln log and finished with 2 coats of Danish oil and 6 coats of poly gloss. His lighthouse in this photo is incomplete, but in the next publication he will have added two houses, a skiff, grass, a rock-stone foundation and a bright harbor light to guide the ships safely into Freetown Mass. Harbor.

Dave used the Lichtenberg electromagnetic technique, a microwave element attached to two electrodes to create the unique effect on his 3-tier white oak lazy Susan.

**3.** Displayed by their proud creator, these 2 shallow bowls or dishes are made from 4 separate segmented circles of exotic hardwoods. The box (if there is a lid on a bowl it is called a box) consumed more than 40 hours of Karl Georgi's time. All three of these treasures have 2 coats of Danish oil and 12 coats of poly gloss.

**4.** This 14" x 30" painting belongs to Peter Charles who purchased it from a street vendor when he lived in Trinidad. Dave Norcross and Ernie fashioned a solid ash frame to compliment the life-like deep green hues.

**5.** Ernie and a frame he made.



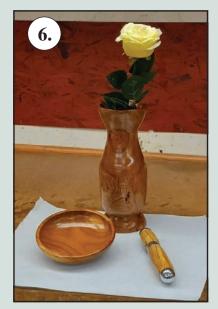












6. Everett Yankie created this extra-large bud vase with a glass insert for live flowers from a mahogany limb. The mini candy dish was once part of the limb. Yank doesn't smoke anymore, but his church Pastor smokes cigars. Yank made a cigar humidor, holder with a built-in tip cutter from Certified Bethlehem Olive Wood. Yank even sprang for a \$30 dollar cigar for the Pastor who will put in a good word with his Boss!

7. Steve Gleimer, Shop Treasurer, is displaying just three of the many items that he has created this year. Here he showcases a napkin caddy equipped with condiments ready for the dining room table or out on the patio. Steve's lazy Susan features 4 trivets for hot foods and finally, a neat variety of cute piggy banks for the little ones in his family.



Photos by King George Sousous

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# Revocable Living Trust Important For Out of State Property

By Martin Zevin, Attorney

Are you a snowbird just returning to Florida for the winter? Some of my clients have their homestead in Florida; others declare their legal residence in another state.

In either case, a Revocable Living Trust is very useful to avoid probate in both states. If you are a Florida resident, you can own your homestead property via a Revocable Living Trust without losing your homestead exemption. In addition, you are eliminating the need for probate when you pass away. You can also transfer real estate owned in any



other state to your Florida Trust. Generally, a Florida lawyer will prepare the Revocable Living Trust and Quit Claim Deed to transfer the Florida property into the Trust. If you are a Florida resident, the lawyer will also prepare a new Florida Last Will and Testament called a Pourover Will. This provides for the transfer to your Trust upon your death of any other assets not in the Trust or which do not have beneficiaries already designated. It is a security blanket to cover any assets payable to your Estate. For example, if you were killed in a car accident due to the negligence of another driver, your Personal Representative would be able to settle your Estate's claim and "pourover" the proceeds into your Trust.

If you are not a Florida resident, you can still create a Revocable Living Trust and execute a Quit Claim Deed to put your Florida property into the Trust. Your Last Will and Testament will be done by a lawyer in the state in which you have your legal residence. In addition, that lawyer can prepare a Deed to transfer the out of state property into the Florida Trust. You can also do the Trust in your state of residence and have a Florida lawyer transfer your Florida property to that Trust.

For Canadian citizens, there are possible tax aspects to be considered before you create a Florida Trust. These should be discussed with your Canadian accountant or tax attorney. In general, you will have to weigh the tax consequences versus the money and time that your heirs would save by avoiding probate in Florida.

Another favorable factor in creating a Revocable Living Trust is that you can always amend the Trust without having to change the Deed. In addition, once you create the Trust, you can always buy new properties in any state in the name of the Trust.

The Revocable Living Trust is recommended by most lawyers over a Deed which includes names of other

persons, either as joint tenants, tenants in common or a Life Estate Deed. Once another person's name is on a Deed, there are potential risks to you and your property. These include the possibility that the other person may undergo a divorce, bankruptcy, have a judgment against them, or die before you or with you in a common accident. It may also affect your homestead exemption. All of these risks should be discussed with your attorney before deciding to put someone else's name on your Deed. By contrast, the Revocable Living Trust eliminates those risks, since no other name is on the Deed. You simply transfer it from yourself to yourself as Trustee of your Trust.

This article covers only some basics regarding Revocable Living Trusts and Deeds. For further information, please feel free to contact me. During this time of "social distancing," I have been consulting with clients via phone, e-mail and regular mail. In the past, my free initial consultation would normally be a personal meeting. In addition to Wills, Trusts and Estates, I also provide free consultations regarding any issue pertaining to personal injury claims and car insurance coverage. Call me at 954-569-4878. My address is 3275 W. Hillsboro Blvd., Suite 204, Deerfield Beach, Florida 33442. My web site is www.martinzevinpa.com. My e-mail address is martinzevin@netzero.com.

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Martin Zevin, head of the firm, has been practicing in the areas of Personal Injury, Wills, Trusts & Estates in Broward & Palm Beach Counties since 1973.

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- 2. What is Probate, how long does it take and what are the costs and attorney's fees?
- 3. Why is it important for every adult to have a Durable Power of Attorney, Designation of Health Care Surrogate and Living Will?
- 4. Review of your current legal documents.

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- 1. How much is your case worth?
- 2. How long will it take to settle or go to court?
- 3. How much for costs and attorney's fees?
- 4. Referrals to doctors.
- 5. Review of your car insurance.

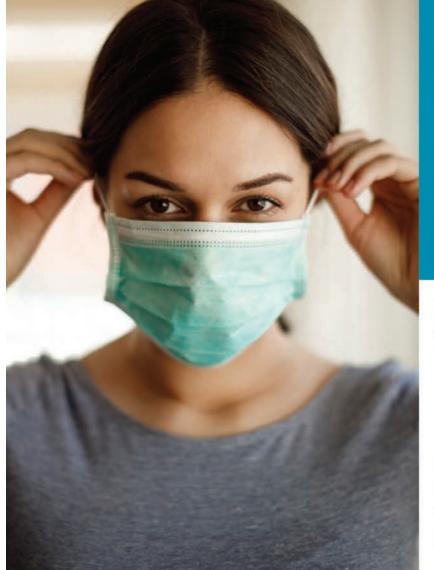
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# Safety Solutions

By Scotty Leamon, Public Safety Information Officer, Coconut Creek Police Department



# Holiday Scams to Watch Our For...And Remember **Our New Non-Emergency Phone Number**

As we are now well into the holiday season it's important to remember a few of the scams we always see around this time of year:

Too Good To Be True: Remember that

if it sounds too good to be true, it probably is. If that name-brand sweater you found on some obscure on-line shopping website is half the price you find it at the store, then there's probably a reason. It's a scam. If someone on-line claims to have that hot toy item you want to buy your grandkids, and it's amazing because you can't find that toy anywhere else on-line or at the store because it's always sold out, remember there's a reason for that "good luck"- it's a scam.

"Hello... Grandma?": It's always around this time of year that there's an uptick in reports of the "Grandparents" scam. This is where your supposed grandchild calls out of the blue and needs holiday money because they're in some sort of need. They pretend to need travel money to make it back home. They claim that they're in trouble and need money for a lawyer. It's the scammers pretending to be your grandkid. With a little Internet sleuthing, the bad guys can find your grandchild's name. Never send any money without checking with another family member first.

"I'm sorry... I'm busy that night": We always recommend to conduct all transactions in person. If you find an item you want to buy a loved one as

a gift for the holidays, and the seller keeps making excuses as to why he or she can't meet you in person, we say skip the transaction. Our lobby at 4800 West Copans Road is a designated "Safe Zone" where you can conduct inperson buying and selling. If the seller is legit, he or she won't mind meeting you in the police department lobby.

Porch Pirates: Package thieves love this time of year because of all the on-line shopping that we do nowadays. If you tell UPS, FedEx, or the Post Office to leave a package you've purchased at your front door, then it's a target for these "porch pirates" who might walk up and steal it. Be sure to use all of the delivery service's tracking technology. See about having the package delivered directly to the store and go pick it up there. Ask your boss if you can have it delivered to work. If you're not home, ask a trusted neighbor to grab it for you.

Don't forget that we have a new non-emergency phone number: Early in November, we joined the City of Coral Springs E-911 dispatching services. This changed our non-emergency phone number to 954-346-4400. Go ahead and save that number in your phone so you'll have it handy. It's not designed to call during an emergency. That number is still 911. However you can call it if you see an injured animal, or a stalled out car at an intersection... just to name a couple of examples. The move over to Coral Springs dispatch has been coming along well and we look forward to continuing to work together with our new dispatchers to make a difference here in Coconut Creek.

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Continued from page 6

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all the kids left such a deep imprint in my memory. Even today, at 95, when I go back to those days, my soul feels overwhelming joy and excitement about what's coming. I passed the family traditions to the following three generations of my family, and this all goes back to one person, the biggest kid of our family, my long-gone dear uncle Pascuale. Every year around Christmas time, we all think of our one-of-a-kind generous Santa who made all the kids in the family believe that they had the best behavior throughout the year to deserve all these presents. Thank you, dear uncle, for the living memory we have.

#### What If? Then What? By Pete Hardis

I have always been an obsessive compulsive person. It is not pleasant to have to wash my hands over and over again, never thinking they are completely germ free. There are so many other things I obsess about, making me feel as though I'm a prisoner within the world I live in. However there is something I obsess about more than anything else, and that is *what if* things weren't the way they are, *then what* would there be in their place?

I would like to give you an example from the hundreds of *what ifs, then whats* that constantly are on my mind and drive me crazy.

*What if* everyone was born not only with two eyes in front of their head but also with eyes in the back of their head? *Then what*? The prospect of this happening scares me because the one thing I hate more than anything else is getting poked in the eye. If I had eyes in the back of my head I would have two additional eyes that could be poked forcing me to cover them up to protect me from getting poked. Then what would be the advantage of having eyes in the back of my head in the first place?

Another thing that bothers me about everyone having eyes in the back of their head is that one of the most favorite things in my life that I love to do is sneak up on people, cover their eyes and say, "guess who?" If these people had eyes in the back of their head, they will see me sneaking up on them and probably turn around and quickly punch me in the nose taking all the fun out of sneaking up on them.

I assume that by now, without you rolling your eyes, you can understand why this *what if, then what* obsession I have prevents me from living any kind of a normal life.

Uh, oh, do I sense my telling you all of this, you think I'm some kind of a crazy nut? *What if* you do, *then what*? What I'm afraid of is that you are going to, behind my back, start telling people how crazy you think I am. Perhaps having eyes in the back of my head wouldn't be such a bad idea after all, that way I would have a better chance of catching you doing that.

# BE A GOOD NEIGHBOR. LOOK OUT FOR EACH OTHER!



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# **COLA is Sweet for Social Security Recipients**

If you receive Social Security, you've probably already heard that your checks in 2023 will be bigger – considerably bigger, in fact. How can you make the best use of this extra money?

Here's what's happening: For 2023, there's an 8.7% cost-of-living adjustment (COLA) for Social Security benefits – the largest increase in 40 years. Also, the monthly Medicare Part B premiums are declining next year, to \$164.90/month from \$170.10/month, which will also modestly boost Social Security checks for those enrolled in Part B, as these premiums are automatically deducted.

Of course, the sizable COLA is due to the high inflation of 2022, as the Social Security Administration uses a formula based on increases in the Consumer Price Index for Urban Wage Earners and Clerical Workers (CPI-W). So, it's certainly possible that you will need some, or perhaps all, of your larger checks to pay for the increased cost of goods and services. But if your cash flow is already relatively strong, you might want to consider these suggestions for using your bigger checks:

• *Reduce withdrawals from your investment portfolio*. When you're retired, you will likely need to withdraw a certain amount from your portfolio each year to meet your expenses. A boost in your Social Security may enable you to withdraw less, at least for a year. This can be particularly advantageous when the markets are down, as you'd like to avoid, as much as possible, selling investments and withdrawing the money when investment prices are low. And the fewer investments you need to sell, the longer your portfolio may last during your retirement years.

• *Help build your cash reserves*. When you're retired, it's a good idea to maintain about a year's worth of the amount you'll spend from your

portfolio in cash, while also keeping three months of your spending needs in an emergency fund, with the money kept in a liquid, low-risk account. Your higher Social Security checks could help you build these cash reserves. (Also, it's helpful to keep another three to five years' worth of spending from your portfolio in short-term, fixed-income investments, which now, due to higher interest rates, offer better income opportunities.)

• *Contribute to a 529 plan.* You could use some of your extra Social Security money to contribute to a tax-advantaged 529 education savings plan for your grandchildren or other family members.

• *Contribute to charitable organizations*. You might want to use some of your Social Security money to expand your charitable giving. Your generosity will help worthy groups and possibly bring you some tax benefits, too.

While it's nice to have these possible options in 2023, you can't count on future COLA increases being as large. The jump in inflation in 2022 was due to several unusual factors, including pandemic-related government spending, supply shortages and the Russian invasion of Ukraine. It's quite possible, perhaps even likely, that inflation will subside in 2023, which, in turn, would mean a smaller COLA bump in 2024.

Nonetheless, while you might not want to include large annual COLA increases as part of your long-term financial strategy, you may well choose to take advantage, in some of the ways described above, of the bigger Social Security checks you'll receive in 2023. When opportunity knocks, you may want to open the door.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones. Member SIPC.

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All Wynmoor Clubs (regardless of name) are open to Wynmoor residents. Dues may be applicable. To publish your club info here, please email your submission to: wynmoorads@aol.com. The deadline is the 10th of the month, for the next month's issue. Thank you in advance! Please contact the Club President for more information.

#### Belly Dance Club By Marcia Maron

Join us for fun and exercise. We meet on Tuesdays at 2:30 p.m. Learn a routine while learning the art of Belly Dancing. Improve your balance, stamina, and energy level. This class is complimentary to Wynmoor residents. For location and more information please call Marcia at 516-659-3367. Have a belly good time!

#### Ben's Friends Art Club By Rene Monblatt

Our club meets every Saturday morning, year-round at 9:00 a.m. in the Art Studio. We hope to see our members, and anyone who is interested in making art. Creating with any art medium makes for a satisfactory and most pleasurable experience. Hope to see you Saturday mornings!

#### 

#### Billiard & Pool Club By Bob Horowitz

The Pool & Billiard Room is open 7 days a week from 8:00 a.m. to 11:00 p.m. The use of the room is open to all residents and their guests. Guests must be accompanied by their host resident. Please bring your Wynmoor ID card.

There are (4) 4 ft. Three-cushion Billiard tables, (14) 9 ft. Pool tables, and (1) 10 ft. Snooker table.

The Pool and Billiard club host many social and sporting events. The club sponsors a weekly 9-ball tournament for all levels of ability every Wednesday night from 6:00 to 8:00 p.m. We also offer FREE pool lessons for club members. There is also our Women's Group which meets to play on Tuesdays at 4:00 p.m.

The Cost to join the club is \$5 per year. For info, e-mail Wynmoorpoolclub@gmail.com.

#### **Camera Club** By Nancy Landman

The Mission of the Camera Club of Wynmoor is to provide a welcoming environment to Wynmoor residents with all levels of experience, who want to learn photography and grow in their ability to make photographs. If you'd like to see some samples of our recent photos, check out the showcase at the Clubhouse or the Photography Sections of the *News and Views* and *The Insider*.

December begins our meetings in person. It's been quite a while and we're so looking forward to it! Another exciting bit of news is that new audiovisual equipment has been installed in the Lecture Room and we hope to make good use of it.

In addition to reviewing members' photos, here is our lineup of presentations for this month:

December 6th - Preparing Photos for Display and Submission - Presenter: Michael Brodie

Considerations When Deciding Photos for Display - Presenter: Jennifer

973-452-9349 or Diane at 267-253-6947 for additional information. "*We don't stop playing because we grow old; we grow old because we stop playing.*" – George Bernard Shaw

#### **Ceramics Club** By Tamara Tresniowski

HAPPY HOLIDAYS!! Come into ceramics and make your holiday gifts, make the perfect vase for your flowers, the bowl for your fruit, the greatest birthday present, piggy banks for your grandchildren, and so much more. We have 1000's of molds to choose from. It's a wonderful way to find your creativity and make new friends. Come in and sign up for classes (\$40 for 4 classes plus a starter kit of supplies). Annual dues are \$15. We are open Monday through Thursday from 9:00 a.m. to 12:00 p.m. and Friday from 9:00 to 10:30 a.m. We look forward to seeing you.

#### Chess Club By Hillel Cohen

The Wynmoor Chess Club is pleased to announce the beginning of the new season. We get together every Wednesday from 3:00 to 5:30 p.m. outside on the Clubhouse Patio (*The Cove*). All chess players at any level are welcome and no partner is needed. There are no dues and no fees. Chess sets are provided. Games are casual and relaxed so come outside and play. Masks are optional. If you haven't played in a while (or even a very long while), don't worry – no one's keeping score or rankings. The point is to have a pleasant afternoon while exercising our brain.

#### Conservative Club By Miriam Mendelson

Our next meeting will be December 20th at 7:00 p.m. in Ballroom A. Our guest speaker will be Barry Golden. He was a US Marshal for 27 years... 20-year official Violent Crime Division, also with Border Control and a Public Information Officer. He will enlighten us with all the latest information. Don't miss out on this fabulous speaker. Refreshments will be served. All are welcome. Bring a friend.

#### Current Events By Susan Myers

. . . . . . . . . . . . . . . . . . . .

Our group of friends in Wynmoor get together each Tuesday morning to discuss local, regional, and national events within our world.

We are now located indoors at Card Room 1 from 10:00 - 11:30 a.m. and we often follow our discussions with lunch in a variety of local restaurants within the Coconut Creek area. Please join us! Call Susan Myers at 954-933-7743.

#### **Democratic Club** By Bryan Casey

Please join us on Tuesday, December 6th at 2:00 p.m. in the Main Ballroom for Doug Shannon's JukeBox Bingo!

Not your grandma's Bingo, JukeBox Bingo is a unique, engaging, FUN game combining elements of "Name That Tune" and Bingo. It features singa-longs, chant-a-longs, and even some dancing! We will have scratch-off prizes, raffles, and light refreshments.

So, gather your friends and reserve your table(s). Tickets are \$15 per person.

James

December 20th - Lightroom (Photo Editing) - Presenter: Helen Storm We will meet in the Lecture Hall on the 1st and 3rd Tuesday of each month 3:00 - 5:00 p.m.

Yearly Membership: Individual \$10, Couple \$15, First Meeting Free! Come join us!

If you'd like to register as a member and receive info and updates, send an email to CCWynmoor@gmail.com. For more information, call or text Nancy Landman at 954-496-1965 or Helen Storm at 416-452-1313 (Canada).

#### Center Stage at Wynmoor By Diane Williams

Formally known as 'Actor's Workshop' as it has been revamped! Have fun creating? Discover new and untapped talents and passions. This inclusive and multicultural group is seeking members, willing and able, to share in theatrical stage experiences. Performing arts professionals (including directors), novices, and enthusiasts are welcome. Open behind-the-scenes positions include lighting, audio, set designers, property managers, costume, and makeup artists. Open call casting for our theatre production was projected for October 2022. Proposed show date is March 2023. Please contact Joy at

You can pay at the door on December 6th.

Payment Methods: Cash or check payable to "Wynmoor Democratic Club." For info. Ilene at 954-850-5996; or email admin@wynmoordemocrats.org.

#### Duplicate Bridge Club By Bram Hamovitch

A special welcome back to all our snowbirds! We are currently running two games each week, on Tuesdays and Fridays at 12:30 p.m. in the East Wing of the theater building. Please arrive 15 minutes prior to start time, out of courtesy to the director.

We are having our annual business meeting-lunch-club championship game on December 9th, starting at 11:30 a.m. If you want to attend, please pay Dorothy Flood \$12 at one of our games, on or before December 2nd.

Our annual New Year's Eve celebration is coming up soon: players of any and all table games should feel welcome to join us. More information at our upcoming games.

If you need a partner, contact Terry at 216-401-5739. Other questions? Please call Lynne at 954-973-1223 or 954-257-3452.

Continued on page 22

#### **Fun With Friends 2** By Ben Zoe

Fun With Friends 2 is a member only Dance Club presenting some of the best LIVE BANDS performing in South Florida! We have five remaining dances scheduled between December 2022 and April 2023.

Our next BIG dance event will occur on Sunday, December 18th and will feature Cachet, a popular Miami based band. The cost to attend for members is \$10 in advance or \$15 at the door, if available. Due to legal occupancy limitations at the Grand Ballroom, our membership rolls are now closed. Event registration information is available by emailing FunWithFriendsWyn2@ Gmail.com.



Cachet Band is one of South Florida's busiest bands. The band plays the area's top venues including the Ritz Carlton and Fontainebleau hotels, Immokalee and Gulfstream Casinos, Boca West, Broken Sound and Parkland Country

Clubs, JAZZIZ, The Pavilion Grille, JP Mulligans and scores of others.

This eclectic group will keep you on the dance floor with their nonstop, upbeat, melodious sounds. Whether you are into the music of the 50s though 80s, Motown or Disco, or if you move to the Latin beat of Salsa, Merengue or Cha Cha you will want to experience the FUN of this great band with your FRIENDS.

Tickets sales to members are available until December 9th. A very LIMITED number of \$15 non-member tickets MAY be available on a first come first serve basis for this event beginning on December 10th.

FWF2 members, please watch your email for registration information.

Our future dance event schedule is as follows: Sunday, January 15th, Sunday, February 19th, Sunday, March 19th, Sunday, April 16th.

We will announce the musical talent as we get closer to each event.

Contact us at FunWithFriendsWyn2@Gmail.com if you have any questions.

#### Hadassah **By Toby Norman**

Our November General Meeting started out a little unorthodox, but proved to be very interesting. The Medical Director of Trustbridge spoke about the way to make life interesting and relatively pain free till the end for the patient, and therefore, the family. Our business meeting was then held after the Speaker due to time restraints.

We have many interesting functions on the horizons so watch the flyers on the carousel outside of the library behind the Ballroom.

SAVE THESE DATES: We start the year off with a bang! Our HMO Brunch is on January 4th in the West Wing. You can contact Naomi Freed at 954-970-1001 for further information or see our flyer on the carousel outside of the library. This is always a good time so get your reservations in early!

Our next Card Party will be held in the West Wing here at Wynmoor on January 22nd. Please form your tables and contact Lenae Herman at 561-445-1595. She will be glad to assist you in any way she can. If you are a person without a game, don't despair, Lenae might be able to join you with others who do not have a game either. Any type of game will do as long as it is alright with your group. Men, feel free to join us. A lively game of poker might wake the whole room up! Your admission price includes a dairy box lunch and any other "goodies" that might come up.

Our guest Lecturer on February 13th, will be Harry Getzov who chose the

#### Ladies Circle Club of Wynmoor

**By Iris Arlan** 

If you would like to know more about Ladies Circle, please contact our President, Harriet Lopez at 954-960-9411.

#### Latin Women's Club By Benjamin I. Nazario

If you're interested or need information about our club and its events, please contact Ms. Minerva Nazario at 954-532-3156. Stay well, safe, and healthy.

> Mah Jongg Club **By Nancy Smith**

Tournaments run from 9:45 a.m. - 3:45 p.m. We play six rounds. There is a break to eat the lunch that you have brought. We play at the West Wing on Mondays and the Ballroom on Fridays. Each person pays a \$10 entry fee. Reservations MUST be made ahead of time so that the tables will be set up properly. For additional information, please call Nancy at 954-610-1539 or Rochelle at 954-822-6245. Wishing you all many jokers!

#### Monday Night Dance & Social Club **By Tamara Tresniowski**

Happy Holidays!! Winter in the sun... We have another busy month so come join us in the Ballroom on Monday nights and dance the night away. December 5th is Disco Night and Karen Beckman will be reviewing the D.H.S.S line dance. December 12th is Cowboy Night and we will be teaching the Cowboy Hustle and December 19th is Reggae Night with live music from Wayne Armond. There will be no dance on December 26th. Can't wait to see you all. Coffee and a treat will be served. Membership is \$5 and you pay \$2 at the door.

> **Nature And Arts Club By Elinor Weinstein**

. . . . . . . . . . . . . . . .

Always be yourself; At the end of the day, that's all you've really got; when you strip everything down, that's all you've got so always be yourself

Welcome to all of our new and returning members for our 2022-2023 season of the Nature and Arts Club. The board, along with our President, Nancy Moskowitz, have booked outstanding and interesting speakers and wonderful and fun trips throughout the season.

Thursday, December 1st, join us in the Wynmoor Ballroom in the Club House for a presentation by Rose Bechard-Butman on Trees Are Cool-Our Urban Tree Canopy. Our speaker is a Naturescape Program Coordinator, ISA Certified Arborist in Broward County. Meeting details will be emailed to all members.

Thursday, December 15th, is the second trip of the season to the Wakodahatchee Wetlands in Delray Beach. The wetlands are open to the public with a three-quarter mile boardwalk between water pond areas, emergent marsh areas, shallow shelves and islands with shrubs and snags to foster nesting and roosting. A docent led tour will open our minds to a local wonder. It's a great place for birding and bird photography. There are benches along the route for resting. Details outlined in our member's email.

Mark your calendars for our January 5th Membership Appreciation Brunch and Art Show. Members will be presenting their many artistic talents while we enjoy a lovely meal with our friends. January 19th, come on board the Carrie B. for a relaxing tour from Fort Lauderdale. Details outlined in our members email. We are still accepting new members for the 2022-2023 season. We look forward to welcoming all of you back to another interesting year as well as those who are new residents. Dues are \$15pp. Checks should be made out to Wynmoor Nature and Arts Club and mailed to Sheryl Darby, 3302 Aruba Way, Apt. J2, Coconut Creek, Florida 33066. Once you have sent your check, you will be included in all monthly emails with instructions for signing up for meetings and trips. Please call with any questions. In friendship...Nancy Moskowitz, President

**Clubs and Activities** 

topic How To Say I Love You. This should be really good! Look for flyers on the carousel outside of the library or contact Lenae Herman 954-657-8579 who can fill you in on the details. A lecture by this person will fill up fast. Since the seating is limited in the Lecture Hall, act promptly. Wine and cheese will be served first (at 6:30 p.m.) in the Cove. This will be the time to visit with your friends before you join Harry at 7:00 p.m.

REMINDER: Please support Hadassah by purchasing trees or certificates for any occasion from Bernice Riback. She can be reached by calling 954-984-1703. She is always glad to assist you in any way she can. Your continued support is always greatly appreciated.

#### Health & Wellness Club **By Hope Myers**

Our club is dedicated to providing information on healthy living. We strive to have meetings that will enhance the quality of your life. Due to the closeness of the Christmas holiday, there will be no meeting in December. We will have a meeting on Tuesday, January 17th at 2:30 p.m. in the West Wing II. Look for the details in the January issue of this publication. For more information contact Hope Myers, President at 954-971-9538.

laughlady55@aol.com or 954-973-2181

#### **Needlework Click By Barbara Bilello**

Our meetings for December are the 2nd and 4th Tuesday the 13th and the 27th. We are in the West Wing from 1:00 - 4:00 p.m. We serve coffee, tea, and yummy snacks.

We would like to thank everyone who donated yarn this past year. It is greatly appreciated for all our beautiful items that were donated to various Continued on page 24

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201

20

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Continued from page 22

organizations. We are always ready to pick up yarn and put it to good use. Call Barbara at 754-222-6275.

If you want to make some friends, come and join us. We have knitters, crochet, and sewers. Happy Holidays!!!! See you all next year!

#### **Night Tennis** By Jo Ann Perreault

The Night Tennis program has been run for 16 years under the guidance of Jo Ann Perreault and Dennis Levans. Every Monday, Tuesday, and Thursday nights from 6:30 - 8:00 p.m., with a warmup period beginning at 6:15 p.m., they shepherd players to a good time.

Mondays and Tuesday's fee of a dollar is requested, no charge on Thursdays. The money collected is used to purchase balls, so they always play with new balls and the surplus funds are used for pizza parties.

The required skill level is 3.0 – meaning being able to serve, and return serve effectively and to maintain one's part in a rally. If this describes your ability, please come, and join the players for exercise and socializing under the lights.

#### 

#### **Pickleball Club By Mayda Coombs**

The holiday season is here and that means our friends from the North are coming back. It is a wonderful sight, seeing the courts full with every-one having a great time.

Our Beginners Clinic is in full swing. If you are interested in learning this fun game contact Maureen David at Maureen.L.David@gmail.com. You will receive a reply. The clinic is being held on Mondays 3:00 - 5:00 p.m. Sorry NO walk ons.

It is time to renew your 2023 club membership. Dues are \$10 per person. If you are interested in joining, please contact Chuck Milstein at 954-366-1149. Existing members can drop off your envelope and place it in the Pickleball Club mailbox, under our bulletin board in the Pavilion. Make checks out to PCW Please put your name and Attention Membership on the envelope. This month we will also have a table set up Fridays and Saturdays 9:00 - 11:00 a.m. for membership and to receive your bag tag/2023 sticker.

The Pickleball Club of Wynmoor wishes everyone a wonderful Holiday and a Happy New Year.

#### The Wynmoor Dance Troupe & Company **By Marcia Maron**

With much spirit and joy The Wynmoor Dance Troupe & Company with talented singers, dancers and the rest of us take to the stage once again in their new musical revue Show Me The Music in 2023. If you think you would like to take part in this production and meet your neighbors, have fun, and work hard, we need: singers, dancers, comedians, backstage hands. No experience is necessary. Please join us and call Marcia at 516-659-3367.

#### U.S. Club By Ceil Eitman, President

Mark the date, Wednesday, December 21st for another night featuring the US Club Has Talent. Show off your talent or join a karaoke group. You may win a prize - you may even be discovered! Doors open at 6:45 p.m. for a 7:30 p.m. start. Paid members are \$5, guests are \$10 at the door. 2023 \$15 dues are due. To participate call Ceil at 973-513-1591.

#### Woodworking Club **By Ernie Fleury**

The Wynmoor Woodworking Club is open 7 days a week from 9:00 a.m. to about 4:00 p.m. We are located at the east end of the Clubhouse. There is a club officer present daily and inquires can be addressed by most members present at that time.

#### Writer's Workshop **By Nancy Heller Moskowitz**

Time really does fly. Welcome to December and another month to celebrate with family and friends. We at the Writer's Workshop are enjoying the return of our snowbirds with all their wonderful adventures and writing themes for us to share. Come one, come all to Cardroom 1, on Saturday mornings, from 10:00 a.m. - Noon. We know each one of us has a story to tell so write it down in 2 pages or less. Be prepared to share with your neighbors and then we'll share our thoughts about it with you. It's a friendly group looking for new members. Any questions, contact Nancy Moskowitz, Facilitator, at laughlady55@aol.com or 954-973-2181.

#### Wynmoor Computer Club **By Jerry Murphy**

Please join the Wynmoor Computer Club on Wednesday, December 21st at 9:00 a.m. in Ballroom A. Torrence Mack of TDMTech will be speaking to us about Working with Photos and Backing up to the Cloud. Light refreshments will be available.

Dues are \$15. Please send your dues to Diana Esposito at 2302 Lucaya Lane, Apt. C3, Coconut Creek, FL 33066. Dues will also be accepted at the door on the day of the meeting.

We are looking forward to a Computer Club season of learning what our computers and smartphones can do for us. Questions: send me an email at jerryjWCC@aol.com or call me at 954-289-4941. Hope to see you at the meeting.

#### Wynmoor Ladies Golf Association By Karen Beckman

Welcome "home" to all our seasonal Wynmoorites! December kicks off the 2023 membership drive, and we want to make sure lady golfers have complete information on the many activities included in a WLGA membership. In addition to the Tuesday morning tournaments, our annual calendar includes a Gala Installation Luncheon, Championship Tournament and Awards Dinner Dance, Color Wars Tournament and Luncheon, Toys for Kids celebration Luncheon, Meet and Greet celebration. As partners with the WGA, we also participate in the monthly WGA general meeting, annual Golf Getaway, Guys and Dolls, and Nine and Dine Events. If you are a lady golfer, we would love to meet you. If you are not an experienced golfer, grab some lessons, get comfortable with the game and join us for an activity you can enjoy for a lifetime. Contact the pro shop for specific details.

#### Wynmoor Short Film Festival **By Enid Wolf-Schein**

Save the date! Our Fest is now scheduled for Friday, March 17th at 7:00 p.m. and Saturday March 18th at 2:00 p.m. Both days we will show a delightful assortment of short films developed by our own Wynmoor and local filmmakers in the Country Club Lecture Hall with a fun-filled movieoriented reception with wine and popcorn to follow in the Ballroom. Ticket sales will start in January.

#### Women's Pool Group "The MsCues" **By Bob Horowitz**



This is for beginners and advanced players. Open to all levels of skill from the beginner to the advanced player. Have fun and meet new friends! \*Yearly membership is only \$5. We meet every Tuesday at 3:00 p.m. in our A/C Pool & Billiard room. For Questions, email cas242@hotmail.com or call Carol at 978-979-1681.

Meanwhile, we are still seeking additional films. If you have a movie you have made that you think would be of interest to our Wynmoor neighbors please contact us at ThreeBridgePub@aol.com with your contact information.

#### Wynmoor Video and Film Club **By Phil Guterman**

If you have a video you captured on your iPad, cell phone or camcorder, we can help you edit it by adding music, narration, special effects, exposure correction and eliminating unwanted scenes by using our sophisticated Pinnacle 20 editing system on our computer. For more information contact Phil Guterman at 954-984-8871.

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# <image><section-header>

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cultural outings, meals and more.

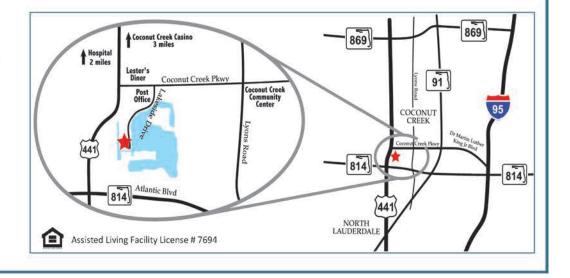
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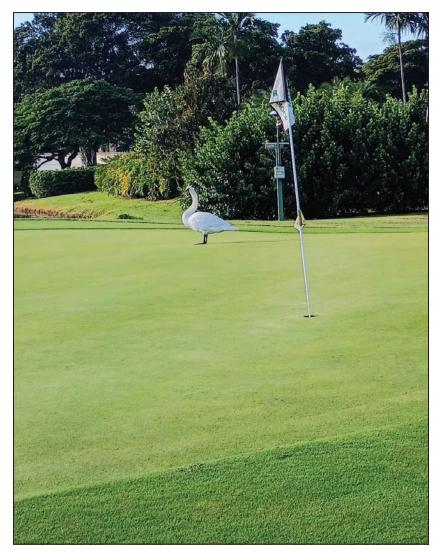
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# Wynmoor Residents Share Their Photos



WLGA We had a "birdie" on the 3rd green!





Sunrise over Wynmoor - Suzanne Fine





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No food/drink allowed in Theatre. Bottled Water - OK. No smoking in Theatre including E-Cigarettes. Movies are subject to substitution. There are no refunds or exchanges. Some people are allergic to perfume and cologne. If you must use these items, please go lightly.



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· Feeding Services: Plan, purchase, and prepare tasty, nutritious meals, special diet meal preparation, check on food expiration dates.

 Social Services: Visit with friends, family, neighbors, attend/transport to religious services, attend/transport to social/club meetings.

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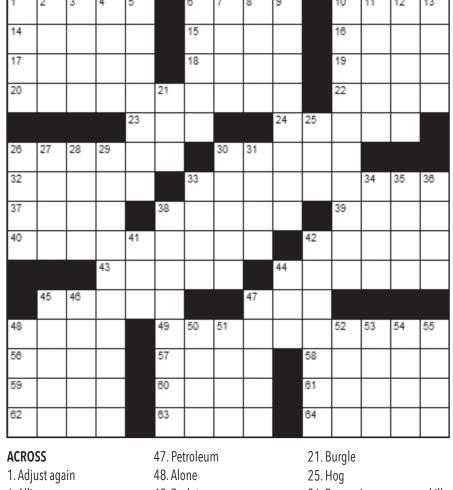


Solutions on page 62

Puzzles and Games

# **Crossword Puzzle**





6. Alliance 10.5280 feet 14. Disconcert 15. Luxury car 16. Holly 17. Aplomb 18. Ends a prayer 19. Queue 20. Act of showing affection 22. Boys 23. Foot digit 24. Long stories 26. Soak up 30. Aphorism 32. Courageous 33. Spirit of an era 37. Prefer 38. Flying animals 39. Threesome 40. Coming forth 42. Sows 43. Decorative 44. Stallions 45. Untrue

49. Zealotry 56. Front part of a vessel 57. Colored part of the eye 58. Desert plants 59. Dull pain 60. French for "Head" 61. Notions 62. Anagram of "Dear" 63. Back talk 64. Quizzes DOWN 1. Sexual assault 2. Anagram of "Bone" 3. Expressed 4. Being 5. Art of producing plays 6. Fault 7. Citrus fruit 8. Portent 9. Frames of reference 10.10 to the centimeter 11. Of a pelvic bone 12. Loans 13. Former spouses (slang)

26. Possessing necessary skills 27. The top edge of a container 28. Rice wine 29. Spilt over 30. Compassion 31. Assistant 33. Metal used in brass 34. Angers 35. Adjacent 36. Throw 38. Advantages 41. Petrol 42. Petition 44. Strike 45. Compel 46. Hawaiian greeting 47. Desert watering holes 48. Box 50. District 51. Pesky insects 52. An abandoned calf or lamb 53. Frosts, as a cake 54. Statistic (abbrev.) 55. Overlook

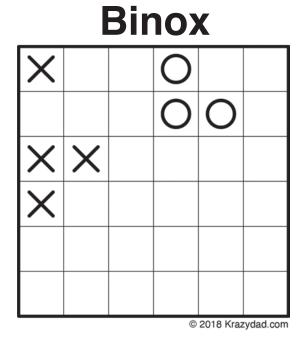
				uu				
				3			7	
4		3 9			9		5	
		9		2			4	1
			2 6			7		
5	4	2	6					
	4 9						6	5
			1					9
	5	7						
2	5 6							

Use your logic to find the correct number for each square. When finished, all nine rows across, all nine columns down and all nine 8-by-8 boxes must contain all nine numbers, 1 through 9 with no repeats.

## **Desserts of the World**

Find and circle all of the summer words that are hidden in the grid. The remaining letters spell an additional summer item.

D	U	F	Е	Ν	А	Е	А	D	U	J	А	Ν	А	U	Н	А	U	Н		Н	С
А	R	С	Т		С	G	S	D	Ν	А	S	А	В		Н	А	W	Ν	Т	А	Е
Ν	G	Т	R	С	В	А	R	U	J	D	Т	Ν	А	М		В	L	А	I	С	М
	А	R	А	G	0	В	I	Е	V	А	J	0	М	S	А	Н	А	R	А	Κ	Р
А	R	I	Е	Ν	0	R	Т	Н	А	М	Е	R	Ι	С	А	Ν	Т	0	G	А	Т
	S	I	S	А	А	А	S	J	Т	Т	Н	Т	Е	L	U	М	S	Ν	U	R	Υ
А	R	0	Υ	S	Т	М	М	G	А	Е	В	S	I	А	Т	U	А	0	В	0	Q
L	Ν	D	D	Ν	U	V		А	Ν	L	Y	А	Е	Н	Е	Κ	0	S	А	0	U
E	А	S	Ν	R	Κ	R		А	С	Κ	А	Т	S	U	W	А	С	Е	Ν	R	А
С	Υ	Т	А	Т	0	С		С	Н	А	А	Ρ	L		L	R	С		Ν	Т	R
0	В	Н	S		Е	В	0	S	Т	L	Т	В	А	А	Ν	А	I	W	Т	Ν	Т
L	I	А	Т	А	U	Υ	Е	R	Ρ	0	Ι	А	G	0	М	Κ	Т	Е	А	0	Е
0	L	R	А	Ν	0	L	Е	Ν	Κ	Ν	R	U	R	U	L	S	Ν	Κ	G	D	R
R	В	А	Е		0	С	0	L	D	С	А	I	Κ	А	Е	Е	А	Ν	R	D	D
А	А	В	R	S	М	S	Ν	U	L	J	А	L	А	С	R	М	L		А	А	s
D	Υ		G	С	Ρ	А	S	А	I	А	Y	L	Н	Е	А	L	Т	Ν	Ν	V	s
0	U	А	А	М	Е	V	R	R	Е	Ζ	V	U	В	L	S	С	А	А	D	Е	А
G	D	Ν	0	Т	А	S	А	А	Υ	R	R	Н	Κ	R	Н	Ι	Κ	R	В	G	Ν
А	А	Н	Ν	L	F	Ι	Е	Κ	Ν	А	Т	А	Т	А	А	Ι	D	А	А	Е	R
D	Т	0	L	G	Ι	В	S	0	Ν	J	Т	Ι	L	А	L	Μ	А	Н	R	Ν	Е
Е	Μ	Е	Κ	А	L	А	Н	А	R	Ι	A	В	R	S	Е	A	L	Κ	А	Ρ	В
Ν	Υ	0	L	S	Ι	М	Ρ	S	0	Ν	Ι	В	А	Е	R	D	D	А	Е	S	А
Е	0	В		G	Ν	А	R	Ρ	А	Т	А	G	0	Ν		А	Ν	R	Т	Т	Т
ARAB ARCT ATAC/ ATLAN BAYU BLAC BLUE CHAL CHIH COLO DANA DEAT	IC Ama VTIC DA K RO BI UAH RAD KIL	CK UA O	STAL	EN EF GI GI GI GI GI UN	RITRE BSO DBI RANE REAT REAT REAT JBAN	QUA AN C N BASI BASI SANE VICTO N VALL	RA N DY ORIA	TAL	KA KA KH KY LAC LIB M/ MC MC	DAEA LAHA RAKU ROO ARAI ZYLK GUAJ YAN ARAN DJAVI DNTE MIB	ARI JM UM IIRA JAB E		NUB NYIF OGA OLES ORD PATA RAN	EV RTH A RIAN RI DEN SHKY OS NGON	, IIAN )	ICAN	S S S T T T T V V	AHAI ECHI IMPS INAI ONO ABER AKLA ANAN ENER HOW VAHI	URA SON RAN NAS MAK MI RE IPSO BA S	(AN N PL	ATEAU S



The finished puzzle should be filled with Xs and Os. Horizontally and vertically, there should never be a continuous run of the same symbol longer than 2. There are an equal number of Xs and Os in each row and column. All rows are unique. All columns are unique, too.

The INSIDER

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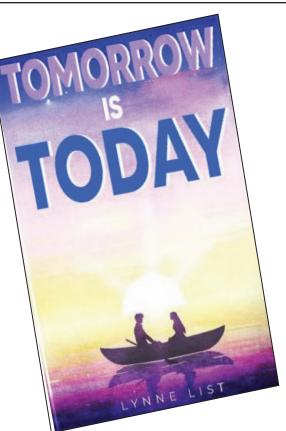
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# BOOK SIGNING By Lynne List

Wednesday, December 19th, is the date to mark on your calendar. I will be personalizing my new book "Tomorrow is Today" in the Clubhouse Library from noon until 2:00 p.m. Both the paper back and hard cover copies will be available at discount prices. However, there are only a limited number of copies, so come early to insure you do not miss out.

This is a must read romantic domestic suspense novel that has a shocking conclusion. The reader will be astonished when the mystery is unraveled. An idyllic marriage is disrupted when romantic messages are sent to an unsuspecting, or so she says, wife. Her husband believes she is having an affair and he acts out violently. But, is she really unfaithful as he suspects or is she innocent as she protests? If she is not having an affair, who is sending the romantic email messages? If she has a lover, who is he? Discovering the truth takes the reader down many paths of possibilities and challenges one's idea of marital trust.

Both books are also available on Amazon and Barnes and Noble. What would be a better holiday gift than a good book?

I look forward to seeing you at the signing.



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#### 33

# POETRY

#### Relax Relax

**By Lil Miller** My doctor said *Relax relax* My family said How do you do that With such a busy head *Is there a formula in print?* That I have not read I wish I knew so I could Just read it and Hit the bed and Just sleep *Tis busy body Til it is relaxed* And fresh to be busy All over again. *Relax my friend and* Have a Happy Thanksgiving Day

#### and the lord came down

#### By Norman Cohen

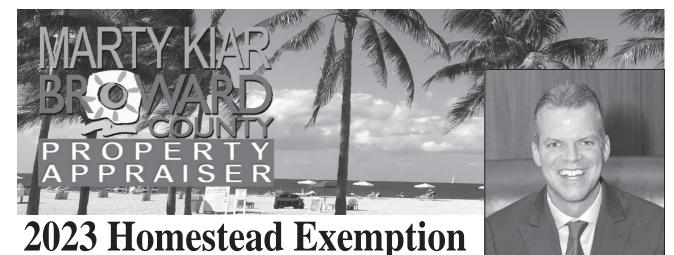
And the lord came down In some desolate place And said to the world "ye shall know my people"

#### Dessert sands

Her birth song Before pyramids Searching for a heaven Messiah in light From cosmic dust Embracing lives Cupped in hand On this rock in the sky

Talmudic memories In church cities Holy sabbath Sweet seeds of love Songs from the east Cries for homeland

Ash spirals On gray clouds Yellow stars patched On bodies Murdered On killing grounds Masters of death Days of horror Bullets and blood trenches Saluting the lie Swearing oaths Racing into a black wind Making spires of rubble Pounding black streets To sounds of the dying



By Marty Kiar

All qualified Florida residents are eligible to receive a Homestead Exemption on their homes, condominiums co-op apartments, and certain mobile home lots. To qualify for Homestead Exemption, you must own and make the property your permanent residence on January 1 of the year for which you are applying for this valuable exemption. Pursuant to Florida law, all assessments and exemptions are based upon the status of the property on January 1. If you purchased and/or made the property your permanent residence in 2022 and have not applied for Homestead Exemption, you can apply for 2023 exemptions at any time – there is no need to wait until 2023 to file your exemption application with the property appraiser's office. You can easily apply online at https://web.bcpa. net

The timely deadline to file for all 2023 exemptions is March 1, 2023. You must make the property your permanent residence by January 1, 2023 in order to qualify; however, you have until March 1 to timely file your application with the property appraiser's office. The late filing deadline for all 2023 exemptions is September 18, 2023. For information about all the other exemptions available to qualified applicants, please visit the "Exemptions & Classifications" page on our website https://web. bcpa.net/bcpaclient/#/Homestead

Once approved, your Homestead Exemption automatically renews each year provided there is no change in the ownership or use of the property. If you have already applied and been approved for Homestead Exemption at your current property, you do not need to reapply for this exemption. You will receive a Homestead Exemption renewal card next month to keep for your records.

If you have any questions about Homestead Exemption other exemptions, please call 954-357-6830 or email me at martykiar@bcpa.net.

# Your Articles of Interest Are Always Welcome! How do I send my article?

The easiest and best way to submit your article/s of interest is by email to **Wynmoorads@aol.com** in a word document, or mail it/them to FLORIDA NEWS BUREAU, P.O. Box 670876, Coral Springs, FL 33067.

Articles should be typed, upper and lower case, or clearly written. Articles must have an author and contact information (not published, unless noted in the article). Deadline for articles is the 10th of the month.

Please keep articles to 300 words or less. Please make sure that they are timely and most importantly that they arrive by our DEADLINE: The 10th of the current month! All articles that are not received by the 10th of the month may appear in the following issue.

We currently have a box in the Clubhouse that will be taken away by the end of the year (inserting articles there will not be an option).

Thank you for your submissions. We look forward to hearing from you. Insider Staff

They, the prophets Now silenced in pain Claiming the sick and dying Empty skeletons Crying for Adonai

What have I done?

(note\*) The Lord was taken to the Celestial Court of Justice. The high court found him guilty of forsaking his people. He was sentenced to wander across the cosmos without end. Planet Earth, beginning in 2053 A.D. would quicken its normal dissolution and eventually disappear. Planet Etiritos, on galaxy CR40823 would then become the place for the newly appointed Lord to find a chosen life form.

# Thinking about Cruising?

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# **East is East and West is West**

By Marcus Smith, Licensed Acupuncture Physician

In ancient China, people visited their doctor regularly and paid him to keep them healthy. If they got sick, they stopped paying him until their health was restored. Go figure.

This arrangement was one of necessity,

in that when a patient was sick, they were usually unable to work and if they weren't working, they had no income with which to pay the doctor. It was in the doctor's financial interest to keep his patients healthy. Prevention was viewed as the highest form of medicine and the most esteemed doctors were the ones with few sick patients.

Here in the West, we do things differently. We incentivize doctors to treat our complaints rather than cure or prevent the illness which is causing them. We pay them to prescribe medications that suppress our symptoms and create other symptoms and illnesses for which we are then given different medications and the cycle continues. The root cause of our illness is seldom addressed, and we are made into lifelong patients who must see our doctors on an ongoing basis to monitor and manage our medication. This reflects the influence that large pharmaceutical companies have on our healthcare system. They sponsor most all the current medical research being done, and dictate, through their sponsorship, what medical students are taught and how they are trained in becoming doctors.

I am NOT suggesting that Western medicine is bad or that anyone should stop taking prescribed medication.

But I think patients would be better served by their healthcare providers

if a more comprehensive approach to care were adopted. The ideal model would be one where each person is viewed as a unique individual, and an honest attempt is made to empower that individual with the information and tools necessary to make optimal lifestyle choices which help maintain the highest state of health and well-being possible. This could include dietary assessment and appropriate recommendations for using food as medicine as well as the incorporation of safe and effective herbal supplements. It may include alternative or complementary medicine approaches such as acupuncture, functional medicine and naturopathy. Equally important would be the inclusion of exercise and mind-body practices such as TaiChi, Qigong, and yoga, which, through simple breathing, movement and mindfulness, help maximize the subtle self-healing mechanisms our bodies inherently possess. In the large teaching hospitals of China today, it is not uncommon to find an auditorium filled with cancer patients, for example, all being directed and led in breathing and movement exercises (Qigong) as an integral part of their care.

This model outlines how most acupuncture physicians are currently trained in the US. If you are tired of constantly changing medications and dealing with their side-effects or getting cortisone shots which help only temporarily or not at all, or if you have been told by your doctor that nothing else can be done for you and that you must simply "learn to live with it," whatever "it" is, it is important for you to know that other options may be available.

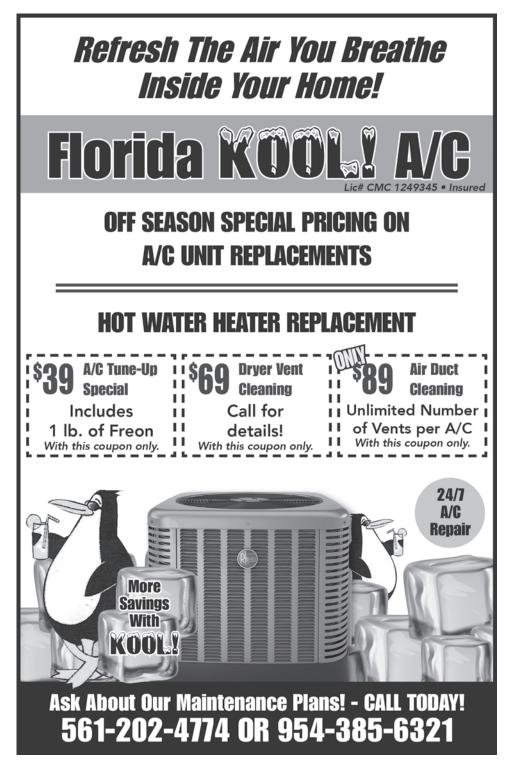
For more information about acupuncture and how it may benefit you, please visit our website at MarcusSmithAcupuncture.com or call us directly at 954-907-1036.

#### ISRAEL By Linda Storfer

Are you a Wynmoor resident with children or grandchildren who have made Aliyah and live fulltime in Israel? If so, you may be interested in joining our newly formed group. We meet frequently, discuss common issues and concerns, share experiences and provide updates about daily living in Israel. If you are interested in joining us please call 412-818-6883 for more information and to find out when and where the date of our next meeting will be held.

Ν





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# Play Jukebox **BINGO**

Please join us for a fun-filled afternoon "FUN-raiser" to play Doug Shannon's JUKEBOX BINGO!!

When: Tuesday, December 6th, at 2 PM (doors open at 1 PM).

Where: Wynmoor Main Ballroom.

Something new and exciting is coming to Wynmoor! Doug Shannon's Jukebox Bingo is "not your grandma's bingo"! It is a

unique, engaging, and interactive game show combining elements of "Jukebox Memories" (which integrates storytelling with music) and bingo. It features sing-a-longs, chant-a-longs, and even some dancing!!



A YouTube video example of one of Doug's Jukebox Bingo events can be found at this link: https://youtu.be/bUxjNOOirEQ.

So, get your friends together and reserve your tables NOW! There are eight (8) people at a table; when you sign-up, you can pledge to purchase a maximum of 8 tickets.

Payment: \$15 per person. Pay at the door on the day of the event by cash or check ONLY, payable to Wynmoor Democratic Club.

RSVP: at https://wynmoordemocrats.org/(preferred).

Alternatively: Send email to admin@wynmoordemocrats.org; OR call Bryan at 352-388-4808. Provide your Full Name, Phone Number, and Number of Tickets you plan to purchase. Sponsored by Wynmoor Democratic Club



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# **Balance** *and* **Aging** ~ **Resistance Training**

By Ron Molino, Certified Personal Trainer

Hello again. Last month I covered the benefits and different methods of resistance training. One of the safest and easiest ways of doing resistance training is with tubing. Tubing come with handles in different amounts from 10 pounds, to 100 pounds of resistance in 10 pound increments. We have them in the fitness center or you can purchase online or in sporting goods stores. They come in sets usually 10 to 50 pounds with ankle straps to do leg work. You can purchase them separately. The sets come with instructions on how to do some of the exercises, but there are literally dozens of exercises that can be done with the tubes.

You can work your whole body with tubing. Most of the exercises can be done alone, some need another person to help if you're able or confident to do them alone. I can answer some of your questions if you contact me at 954-673-6700. You don't need a lot of room to work with tubing and you don't have to pick up weights. If done correctly you will get great results, such as strength gains, flexibility and improvements in body composition. They can help with balance. On a personal note, I always played a lot of sports when I was young. When I was about 24 years old I started working out with weights and I have never stopped (my son was born that year, 1966). I turned 80 years old on November 20th. I work out five days a week for an hour and a half, I dance two nights a week and I'm told I have great posture. I believe that the weight training gets the credit. I hope this encourages you. Remember just keep moving. Until next time, good luck.

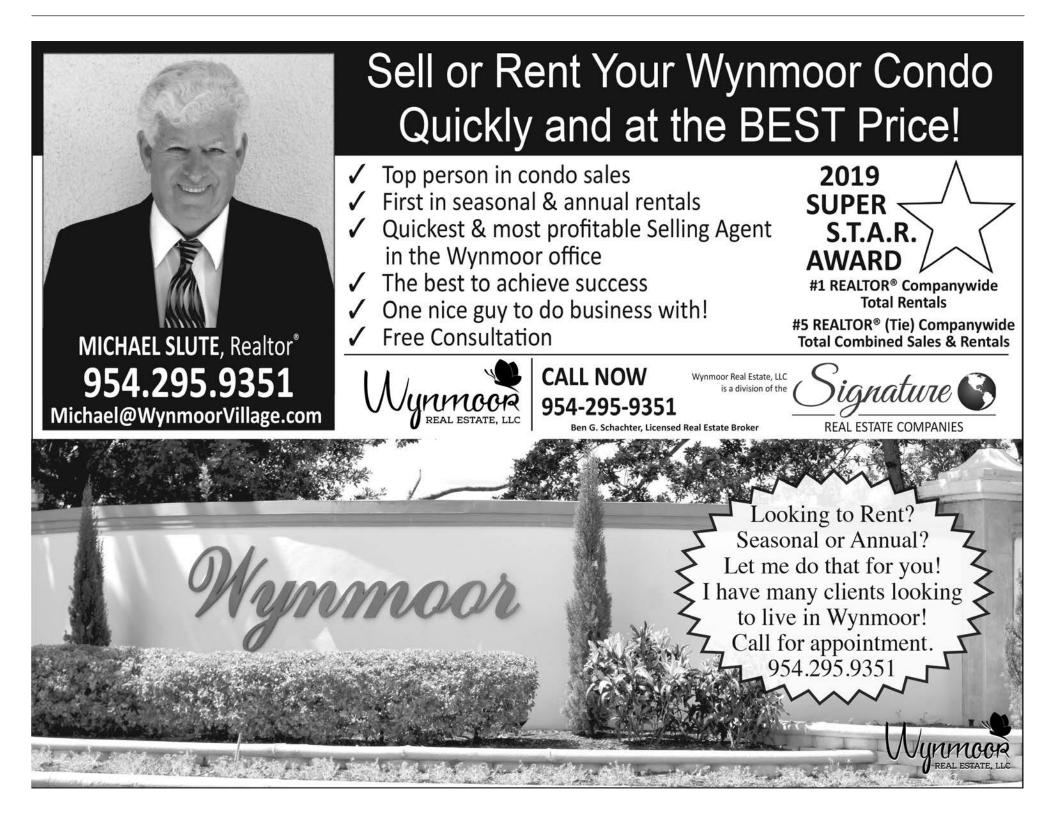




# **Traffic Violations**

The speed limit on Wynmoor Circle is **25 mph.** The speed limit in the villages is **15 mph.** There is absolutely NO PASSING on Wynmoor Circle and all STOP SIGNS MUST BE observed by residents and guests. All residents and guests are required to abide by Wynmoor Rules and Regulations.







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#### By Iris Arlan Just a reminder... Our next Service at Waterside Landing 5600 Lakeside Drive (one light west of Banks, off Coconut Creek Parkway) will take place on December 9th at 7:30 p.m. As always, everyone is welcome.

The "Song to Remember" Concert was a huge success. An afternoon of pure bliss and enjoyment was had by all who attended. Fortunately for us, but unfortunately for some of you, our concert with Rabbi Paul Offenkrantz was sold out. We are hoping that we will be able to plan another event sometime in the spring. Watch this paper for more information.

**The Liberal Jewish Temple** 

We are looking into a trip to a Museum and possibly a bus trip on the Thrifting Party Bus. Stay tuned. More to come.

Frederic J. Frommer had an interesting article in the "Forward" about the beginnings of the World Series. Let us go back to 1901 and 1902. The Pittsburgh Pirates won the National League Pennant in both years. Then, the players went home. See, there was no World Series or a post season matchup between the Champions of the two leagues.

The owner of the Pirates, Barney Dreyfuss, a Jewish immigrant, wrote to the owner of the Boston Americans, Henry Killea. He stated that it would be good for baseball, their leagues, and the players, besides helping the bottom line, to have a best of nine competitions.

Killea agreed and the World Series was born in 1903. Unfortunately for Dreyfuss, his team lost 5 games to three, with Cy Young winning two games for the Americans, now known as the Red Sox.

The American League began in 1900 and tried to raid players from the established National League. Dreyfuss helped to get an agreement between the two leagues and pushed for baseball to hire a commissioner to manage the sport.

In 2008, Barney Dreyfuss was inducted into the Baseball Hall of Fame in Cooperstown, New York.

Dreyfuss was born in Germany in 1865, coming to the U.S. when he was 19, sponsored by cousins in Kentucky, who owned a bourbon business. For exercise he started playing baseball as a second baseman.

Ever a businessperson, he organized semi-pro teams in Paducah, Kentucky, using workers from the distillery. That was followed by an investment in the Louisville Colonels of the American Association. That League merged with the National League. In 1899, Dreyfuss was the owner of his team.

Dreyfuss learned the National League paring down teams from 12 to 8, including his. He bought a half interest in the Pirates and brought along with him future Hall of Famers Honus Wagner, Rube Waddell and Fred Clarke. In 1909 he built Forbes Field, one of the great stadiums.

He died in 1932.

For more information on Dreyfuss, see the following:

Pennsylvania Heritage Magazine, Fall 2005

Slater, Robert-Great Jews in Sports

Reminder: Membership is open to all at only \$100 per year/per person. For information, call Iris Arlan at 954-532-5268. For ritual and practice information, call Lee Temares at 954-968-4236.



Wynmoor Mah Jongg Tourament By Judy Palma Our weekly Monday Mah Jongg Tournaments will resume on Monday, January 9th in the East Wing. We will start play at 11:00 a.m. to allow our "nightowls" to sleep a little later. Bring your own lunch and a drink if desired. The cost is only \$10, and all of the money goes back to the winners. We play 13 tiles, NMJL rules.

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# The Handyman Service



You must register before December 31st. To register, or with any questions, please contact Judy Palma at 609-577-5946. She can also be reached at her email: jp4459@comcast.net.

We look forward to seeing all of your there.

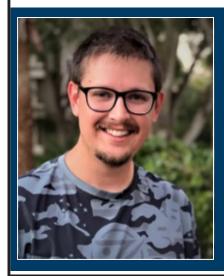
### 2023 Mah Jongg Card

If you are interested in ordering the 2023 Mah Jongg Card please contact Nancy Smith at 954-610-1539. The National Mah Jongg League has raised the prices - \$14 for the Standard Card and \$15 for the Large Card. They will donate \$5 of every card sold to the Alzheimer's Association. The card will be mailed directly to your home address. Please help us to fight this disease!

If you have any questions please do not hesitate to contact Nancy or Judy Palma at 609-577-5946.



# **OUTPATIENT THERAPY AT HOME**



# Dr. Bronson Bartolone

I am the owner of Florida Strong Physical Therapy, and currently licensed in state of Florida. I have extensive experience with evaluating and treating musculoskeletal, neurological, vestibular impairments, sports injuries, total joint replacements, arthroscopic surgeries, and falls prevention. I received my Doctorate in Physical Therapy from Youngstown State University. I am dedicated to providing top quality care for all my clients!

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Aquatic Exercise



# WYNNOOR Golf and Tips By Kevin Battersby, PGA



# **BALL POSITION REVIEW**

Last month's article focused on successfully transitioning iron shots from the tee to fairway lies. The essence of the article was that the deepest point in the swing is contacting the ball first, then the turf. Shorter irons because the ball is further back in the stance allows the divot to be more in front of the ball also producing the highest trajectory.

By contrast, as the ball moves to the middle of your stance for your middle numbers, the divot is not as deep as your anticipating a middle trajectory.

Finally, for your driving the ball is positioned opposite your lead heel or in front of your spine with more weight on your trail foot to promote a level to slightly upward strike for a lower trajectory.

There are three trajectories required so there are also three ball positions to accommodate each.

On final note when watching lower handicapped players or professionals. They may not play the ball as far back on their irons because of their lateral shift of their weight. Famed teacher, Harvey Penick, suggested taking a practice swing with your irons and positioning ball at the back of the divot you made on that practice swing. Lastly, if you make a nice divot fill it with sand in Florida it is not necessary to replace the divot like northern courses.

Kevin Battersby, PGA 954-444-1031 Private lessons at Palm-Aire Pompano Battersbygolf.com (website)







Bob Toski, 95 years old striking a Former tour player Anthony Kim Tiger Woods -Driver- ball forward in middle iron. Ball more centered striking a short iron. Note ball position! stance / level to slightly upward strike breaks tee and slight divot after ball



Tiger Woods striking iron shot. Ball first then turf





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# **ASK DR. JOY**

By Joy Berke Sanchez Ph.D.



So, no questions in my mailbox this month. You will have to bear with me as I ramble about a subject that just keeps coming up in my discussions with people. Selfishness. Actually, this will be in part a small excerpt from a chapter in my book.

Being unselfish has been pounded into us forever. We have been told since we were tiny tots that selfishness was bad and we should avoid being that way. When we were children, it was often about sharing our precious possessions with another child. I remember when my first

granddaughter was very young and I was babysitting. If she had a friend coming over I would advise her that anything she didn't want to share, she didn't have to but she would have to put it away somewhere and that anything left over was to be shared. It worked quite well. At least she never moved her entire toy room into her bedroom.

Of course, anyone telling you that you are being selfish usually means that you aren't doing what they want or giving them what they need. I have always found this rather amusing because it made me wonder just who was being selfish here. However, calling someone selfish is almost like cursing at them. This is so far from the way it really is and so many people are reluctant to understand and accept the true nature of what selfishness is. It is not about exploiting or taking advantage of anyone else. It is about taking care of ourselves. It is about understanding how much we matter. When you are questioning this or trying hard to be 'unselfish' you are in a state of inner conflict.

This is you trying to change yourself into something you were not meant to be. Once again, importantly, this does not mean or even insinuate, not caring about others or wanting them to give you whatever you want. That is not the definition of selfishness, it is the definition of narcissism.

I tell people I am selfish all the time. They really have no idea what I am talking about, especially because I don't appear mean or narcissistic. Because I am neither. But I am definitely selfish. I can't help anyone if I don't take care of myself first. And I understand that means looking for ways for me to feel happier, more at peace and emotionally stronger. For me, it also means that I don't keep a balance sheet. If I need a favor from someone who can't do it, I recognize that they can't do it. I don't expect people to put my needs before their own. It doesn't matter how you want to take care of yourself or what is important to you. The idea is to maintain your good feelings and your equilibrium regardless of what is happening around you.

I actually like and prefer to be with similarly healthily selfish people. I remember my mentor, Nathaniel Branden, saying that no one wants the fruit of someone else's sacrifice. I loved hearing that. I want to know that the person who wants to be with me or even do something for me is doing it because it is giving them pleasure. I don't want to use them to serve myself at their expense nor do I want to be used so they can serve themselves. This does not preclude or negate my doing something for someone else because I want to and it is a value to me to do so.

I hope this doesn't confuse anyone but you will most likely be able to tell why you want to be with someone and why someone wants to be with you, why you want to do something for someone and why they might be doing something for you. Your beliefs will be screaming at you to not be selfish and sacrifice your good feelings for the sake of those of another while your feelings are telling quite a different story.

Perhaps the first question to ask yourself is if you believe that you are supposed to be living your precious life for the well-being of someone else, not sometimes because you really want to, but at those times when you know you really don't want to but think you should. If your answer is yes, then go on to the companion question. Do you believe that someone else is supposed to live his or her precious life towards your well-being? Did you answer yes to that also, or did this question have you answering no? If you answered yes to the first and no to the second, ask yourself a third question. Why is their life so much more important than yours?

I would love to hear your views on this very controversial topic. Please write me with your questions or comments at JoyB212@aol.com It is all completely anonymous.



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# THEATRE SHOWS DECEMBER

DECEMBER 3<sup>RD</sup>/ 8:00 PM MOTOWN MAGIC \$14 PER PERSON



Motown Magic brings a spectacular wow factor show of an authentic representation of classic Motown acts that include wardrobe changes and backdrops. They look forward to meeting fans after the show and receive feedback as into what they think of the overall production.

Shows are sold one month at a time. Call Box Office for more detail. (954) 978-2629 DECEMBER 10<sup>TH</sup>/ 8:00 PM BRAD ZIMMERMAN \$15 PER PERSON



Brad Zimmerman is a very unique and original voice in the world of comedy.Watch a few minutes of his comedy and you will know you have never seen anything like Brad! He has worked with many well-known comedians and entertainers such as Brad Garrett, Dennis Miller, Susie Essman, Julio Iglesias, and has been Joan Rivers' opening act for years!

#### DECEMBER 17<sup>TH</sup> / 8:00 PM STEVIE WONDER TRIBUTE \$16 PER PERSON



Hotter Than July, a Stevie Wonder Tribute Band. Performing his greatest hits from 'Sign Sealed Delivered' to 'I Wish'. This band believes in spreading positivity and love at their shows. They'll fill the room with high energy music that will have you sweating on the dance floor and leave you in a good mood!!

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**45** 

December sales began <u>online</u> at <u>10:00 a.m.</u> on Monday, November 28th. In-person sales began Wednesday, November 30th. Box Office hours are Mondays <u>9:00 a.m. - 12:00 noon and 2:00 p.m. - 4:00 p.m.</u>, Wednesdays, <u>9:00 a.m. - 12:00 noon</u>. <u>Online sales end two hours before the show</u>. In-person sales are <u>7:00 p.m. - 8:00 p.m</u>. on the night of the show. NO shorts on Show Nights. All Shows are subject to change, modification or substitution. NO refunds/exchange. NO food/drinks allowed in Theatre. Bottled water OK. NO Smoking in Theatre including E-Cigarettes. Some people are allergic to perfume/cologne. If you use these items, <u>please</u> go lightly.



Community Chanukah Celebration

By Linda Storfer

Join us on Sunday, December 18th at 5:00 p.m. for a community-wide celebration of Chanukah with Chabad of Coconut Creek in the Promenade at Coconut Creek.

Share in the joy of the Chanukah menorah lighting, music, dancing, games and prizes, latkes and jelly donuts. For more information call 561-929-8587.



# JUNIOR By Nancy Landman

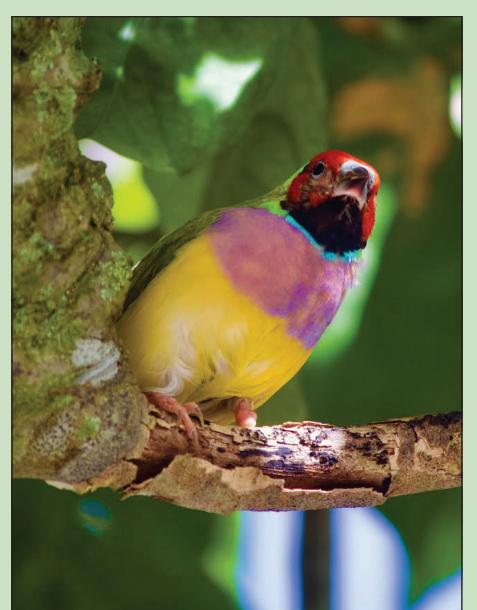


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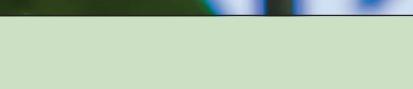
Shel Geller - Flower Helen Storm - Hungry Snail Nancy Landman - Butterfly Eyes Ilana Shimony - Windy Sunrise Tamara Tresniowski - Colorful Bird











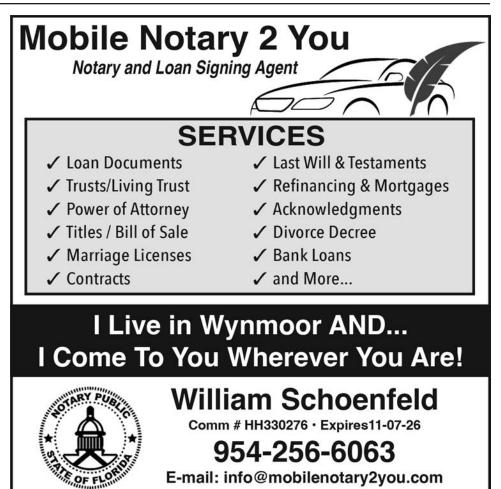


# You've Tried The Rest, **Now Try The Best** Temple Beth Am, Margate By Linda Storfer

It is that time of year when everything around us looks bright and all lit up. With all the darkness in the world today - the ongoing fighting and horrific war in the Ukraine, the threat of nuclear missiles from North Korea and Iran, the increased gun violence and mass shootings here at home - we desperately need some light and good cheer. We are now in official holiday season and in addition to all the beautiful Christmas lights and Chanukah menorahs (chanukiahs) that light up our homes we have a whole month to feel "light" and good hearted towards our fellow human beings. If we ever needed it, we surely need it now. As of this writing we have not had our mid-term elections in the Senate and Congress and our gubernatorial elections but by the time you read this it will all be behind us and decided. It would be great if everyone could come together and rally behind the victors and support American democracy. The month of December gives all of us a chance to take a little time out and be kind to our fellow human beings no matter what religion they practice.

Recently I met a woman named Barbara from Wynmoor in the card room who told me that she volunteers twice a week at Tradewinds Park in the Equestrian program helping young developmentally disabled children ride horses. What a great program this is - the children and their parents love it, and the volunteers find it very rewarding and meaningful. At Temple Beth Am we have numerous volunteers who deliver challah for the Sabbath while others deliver food once a month through Jewish Family Service to the elderly and food insecure people. There are so many ways you can get involved and do "random acts of kindness" by helping your fellow human beings. I guarantee that the recipients will appreciate your kindnesses but it will also make you feel good as well. I just finished reading a wonderful new book by Jodie Picoult entitled The Measure and came across a beautiful quote by the famous poet Ralph Waldo Emerson who said "It is not the length of life, but the depth of life. You do not need a long lifetime to make an impact on this world. You just need the will to do so." These inspirational words should give all of us food for thought.

Chanukah, the Festival of Lights begins at sundown on Sunday, December 18th with the candle lighting of the menorahs. This holiday, commemorates the oppression of the Jewish people in ancient times under Antiochus, the Syrian king. Judah and the Maccabees led the Jewish people in fighting the tyranny of the Syrian - Greek oppression. The miracle of Chanukah is that the oil in the holy Temple lasted for eight days instead of just one day. Please be sure to join us on Tuesday December 20th at 5:00 p.m. for a festive celebration at Temple Beth Am which will include candle lighting and latkes. The entire public is invited so be sure to attend and bring your friends. Our Men's Club is featuring Dr. Robert Wolf on Sunday, December 4th at 9:30 - 11:00 a.m. who will speak on his new book Not A Real Enemy: The Story of A Hungarian Jewish Man's Fight for Freedom. There will be a bagel and lox breakfast and the entire public including women are invited to hear this dynamic story. There are still some good seats left for the New Jersey-Panthers' hockey game on Wednesday, December 21st sponsored by our dynamic Men's Club. This is a great Chanukah gift to treat your grandkids and enjoy the fast-paced game together. Our Sisterhood is sponsoring a card and Mah Jongg game day on Sunday, December 11th. Come and join us and meet new friends as you enjoy a healthy and delicious brunch. Sisterhood is bringing back Wednesday morning Bingo every week. Please check our website www.beth-am. org for further details on the above events or call Alana at the Temple Beth Am office at 954-968-4545 for more information. Our synagogue is located minutes away at 7205 Royal Palm Blvd. in Margate and is open daily during the Sasson Efrati with Gila and Yitzhak week from 9:00 a.m. - 5:00 p.m. Efrati celebrating Chanukah.



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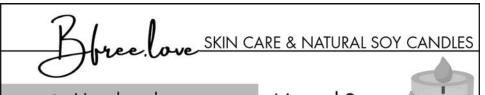
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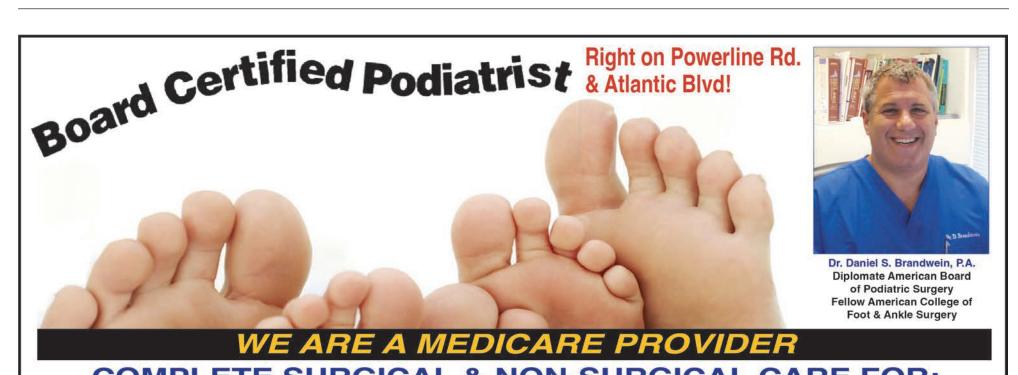
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SEASON	LINE-UP	2022 -
S H O W S	THEATRE Shows This season	2023-

# **NOVEMBER - DECEMBER**

DAY	DATE	TIME	
Saturday	11/05/2022	8 PM	
Saturday	11/12/2022	8 PM	
Saturday	11/19/2022	8 PM	
Saturday	12/03/2022	8 PM	
Saturday	12/10/2022	8 PM	
Saturday	12/17/2022	8 PM	

### SHOW

Shania Twain Tribute
Nostalgic Live
KC & The Sunshine Band Tribute
Motown Magic
Brad Zimmerman
Stevie Wonder Tribute

### JANUARY

DAY	DATE	TIME	SHOW
Saturday	1/07/2023	8 PM	The Real Miami Sound Machine with Gloria Estefan Tribute
Thursday	1/12/2023	8 PM	Simon and Garfunkle Tribute
Saturday	1/14/2023	7 PM	Robert Klien
Thursday	1/19/2023	8 PM	Carpenters Tribute
Saturday	1/21/2023	7:30 PM	David D'Or
Wednesday	1/25/2023	8 PM	Bronx Wanderers
Saturday	1/28/2023	8 PM	Absolute Queen

### FEBRUARY

	DAY	DATE	TIME	SHOW
	Thursday	2/02/2023	8 PM	Comedy - Monique Marvez & Mike Marino
	Saturday	2/04/2023	8 PM	Tapestry Carol King Tribute
	Saturday	2/11/2023	8 PM	Brooklyn Bridge
Λ	Wednesday	2/15/2023	8 PM	Little Anthony
2	Saturday	2/18/2023	7:30 PM	Dudu Fischer
	Thursday	2/23/2023	8 PM	Charo
	Saturday	2/25/2023	8 PM	Modi
	MARCH			
	DAY	DATE	TIME	SHOW
K	Wednesday	3/01/2023	8 PM	Dance Troup
1	Thursday	3/02/2023	8 PM	Dance Troup
7	Saturday	3/04/2023	8 PM	Echos of Platters & Drifters
1	Wednesday	3/08/2023	8 PM	Bobby Collins
	Saturday	3/11/2023	8 PM	Sarge
	Thursday	3/16/2023	8 PM	Spinners
	Saturday	3/18/2023	8 PM	Tom Cotter
	Thursday	3/23/2023	8 PM	Abbacadabra
X	Saturday	3/25/2023	7 PM	Clint Holmes & Earl Turner

# POETRY

### In and Betwixt The Dawn and Dusk By Larry L. Band



#### Dawn Time

My night sleep is now ended, and my dreaming is done. I've gently been awakened in my bed by the rising sun. Not by a loud cry, a shout or a bang on my window frame But by the red-yellow-orange sunbeams of an orb aflame. Its heated and bright sunbeams are slowly burning the clouds away And the shaded skies turn from grey to blue as they tout a new day.

#### Daytime

It is my awake time to be the who that I want to be. To do all the things allowing me to fulfill my destiny. *Including to be active, to learn, to understand, to work and to grow. To enjoy my family and friends, and to gain from reaping what I sow.* 

Being active in this way informs my experience and fills my life with a zest

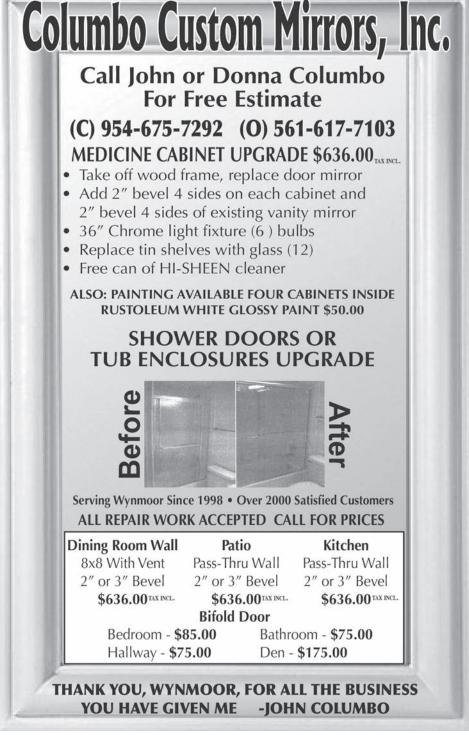
In a daytime's light which at dusk, dims as the sun gently sinks in the west.

#### Dusk Time

- My Dusk's light is lit by the Moon's glow in its quarter, half or full moon phase
- Its soft yellow light is the sky's luminary that the then darkness of night it allays.
- It is my time to rest, to enjoy the peaceful silence, to contemplate truths and lies,
- To tire, to fall asleep, to dream, to awake, to walk in the park before the dew dries.
- To age slowly in and betwixt my life's dawn and its dusk with a smile on my face
- Doing so by not sweating the small things in life and by living that life with grace.

And it'll be then, *My Dawn again.* 





# **Freedom From Bladder Problems**

Hi!!! My name is Evette Weiss, I use to wake up 2 or 3 times a night to go to the bathroom. After treatments from Dr. Herman, I now sleep 7 or 8 hours per night without waking up to go to the bathroom. I had been leaking urine when I laughed, coughed or sneezed, but I no longer suffer from this problem. My goal is to help other men and women who may suffer from this embarrassing situation. Dr. Craig Herman of the Urology Center of Florida can help you recapture your quality of life with NO PAIN, MEDICATION or SURGERY. His Imagine Therapy will help you regain the freedom to live your life the way you want to live it. Treatments are covered by most medical insurances and courtesy transportation is usually available.

The Rainbow's Sojourn By Larry L. Band

The rainbow is Mother Nature's colourful and arcing show Hued from the palette of the sun's light and heated glow. Painted on the deep blue canvass of the skies. Emptied of clouds after Mother Nature cries Nature's raindrop-prisms bend the sun rays into a visual banquet *Of a feast of the red, orange, yellow, green, blue, indigo and violet.* Colours that suddenly appear and hang in the skies but for a minute, *Reminding us of earth's beauty and the fragility of all life that's in it.* One end of the rainbow rises from and stands on an earth's fold. On the other, that bounty of colours empties into a pot of gold. A beauty unequalled and appearing at the end of a storm. Is symbolic of hope that the same will become Man's norm.



Please call me, **EVETTE** at 561-364-8659 or on my cell phone **954-734-3449** if you would like to discuss or get additional information. Just Imagine, Freedom from Bladder Problems.



# **Service Equals Reward**

**By Sheriff Gregory Tony** 

# Back To Business At BSO!

What a year it's been! As we turned the corner on the COVID-19 pandemic, the Broward Sheriff's Office (BSO) remained fully committed to our core mission of providing top-notch public safety services while continuing to create new and innovative programs and initiatives. We returned to hosting in-person community events, solving decade-old crimes, and improving critical training and educational opportunities for employees. Here are some of the highlights:

#### **CONNECTING WITH THE COMMUNITY**

After two years of limited in-person community interaction, BSO showed up in a big way. We hosted numerous important events, including our Shred-a-thon and Operation Medicine Cabinet events, National Night Out, town halls and other community centered events. These opportunities continue to build mutual trust and

understanding with those we serve. Check our community events calendar on sheriff.org for dates and locations of upcoming events near you.

#### **COMMUNITY PARTNERSHIPS**

We awarded 76 deserving community-based non-profits a total of \$930,000 in Law Enforcement Trust Funds (LETF). This was the most money given out in a single year under my leadership. These funds, which come from the forfeiture and seizure of contraband used in the commission of a crime, are given back to the community through organizations to further the mission of preventing crime and keeping our neighborhoods safe. To learn more about how your non-profit organization can apply for a future LETF grant, please visit sheriff.org and follow us on social media for future announcements on when applications are being accepted.

#### **STRENGTHENING OUR 911 SYSTEM**

Earlier this year, BSO succeeded in obtaining additional funding from the Broward County Commission to increase the salaries of our communications operators. This increase makes us competitive with surrounding public safety call centers and helps recruit and retain these critical employees. If you have a passion to serve and want a rewarding career, visit us at jobs. sheriff.org or contact our Recruitment Unit at recruitmentunit@sheriff.org. **CLOSING CASES** 

"Gone, but not forgotten" is the impetus behind BSO's dedicated Cold



Case Unit. Formed in 2019, the unit offers increased attention to unsolved cases, and this year the unit had incredible successes. In one instance, we identified and criminally charged a man known as the Pillowcase Rapist, who was responsible for many sexual assaults in the 1980s. In another, the unit solved the 1994 rape and murder of an 89-year-old woman. We also launched an exclusive Cold Case video series to uncover possible new leads and bring more exposure to these investigations. I encourage you to take some time to view the series on the Broward Sheriff's Office YouTube channel: https://www.youtube.com/c/ BrowardSheriffsOffice. If you have any information about these crimes, please contact Broward Crime Stoppers at 954-493-TIPS (8477).

#### **STAFF TRAINING AND EDUCATION**

Training and education are paramount for operational preparedness and excellence in service. In 2022, BSO partnered with local universities to expand higher education opportunities for all personnel and increased participation in executive-level training courses. As sheriff, I must lead by example. This year, I was selected to participate and completed the FBI's prestigious National Executive Institute Leadership Course. I am also currently pursuing my Ph.D. at Nova Southeastern University. As an organization, we are on a mission to become the most academically credentialed agency in the state.

This year, we finalized plans for BSO's state-of-the-art training center, broke ground and construction crews are making tremendous progress. Upon completion, the 100,000+ square-foot facility will be the first dedicated onsite training facility in our organization's 107-year history. It will elevate our preparedness and enhance our public safety services to the Broward County community. Follow our progress on our Facebook and Instagram, @browardsheriffsoffice.

As we head into the holiday season, you will continue to see BSO out safeguarding your neighborhoods and getting to know our residents. Stop by and say hello!

On behalf of BSO's men and women, have a happy and safe holiday season! We'll see you in the new year.

## Do you have a Birthday or Occasion coming up that you would like to share? Email your message to wynmoorads@aol.com - attach a jpeg photo, and we will print it in the paper!

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2. Click on Amenity Booker, and choose your class.

3. From there, choose the date that coincides with the day of the week of the selected class.

4. Once you agree to the terms and conditions, submit your booking, and you'll receive an email confirmation that you're class is all set!

ONLINE AMENITIES

**SCHEDULER** 

We re-welcome you to the Wynmoor Community Council

**Amenities Scheduler Website!** 

Don't forget to register for all fitness classes you'd like to

participate in.

You'll have the opportunity to register two weeks ahead of time. All registration must be done a minimum of 24 hours in advance to

secure your booking.

5. Forgotten your password? Click 'Forgot Password' and the details will be sent for you to reset.

Pre-registration for all Complimentary Fitness Classes will be required. This will allow all Wynmoorites the opportunity to partake in the enjoyment of the classes. You may register up to 14 days in advance for classes!

Its Tea Time!

1. Visit www.wynmoorlife.com, and sign in with your email & password.

3 pm

This will allow you the opportunity to speak with our Management Team, WCC Staff and guest speakers.

\*Tune in to Channel 99, watch on WCC YouTube TV or sign in at https://zoom.us/j/93783506715\*



# **MONDAY NIGHT DANCE**

We had a busy October. First a Sock Hop then we celebrated a new season beginning with a New Year's Party that included a live band, Street Talk, and finally Halloween brought out all the ghouls in Wynmoor.

















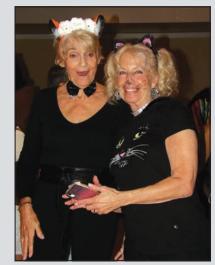




















# Nynmoor

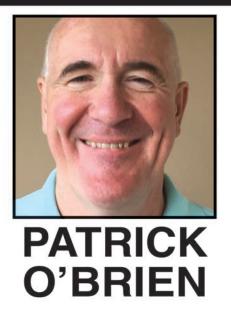


# Will be every Thursday. Please put your items out Wednesday after 5 pm.

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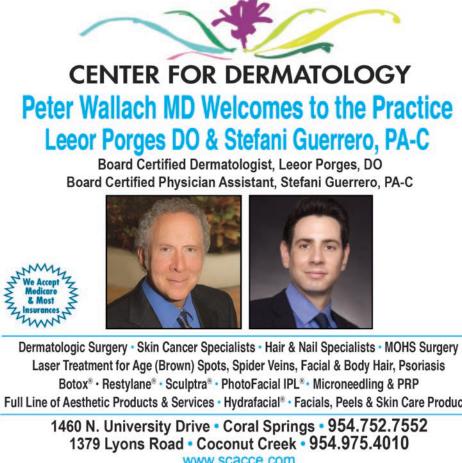




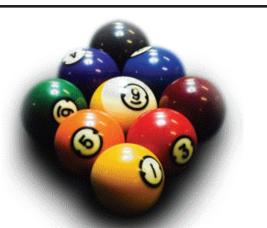
The Knight Cap show with me, Cappy Pillon and Allan Knight. Every Sunday from 2:00 p.m.-4:00 p.m. on WWNN AM 1470 or you can get it on I Heart Radio, and Roku - just say WWNN AM 1470.

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# Wednesday Night **9-Ball Winners**

#### **By Bob Horowitz**

Every Wednesday join the Pool Playing Fun! Open to all levels of skill from the beginner to the advanced player.

Have fun and meet new friends! This is open to all Wynmoor Residents and their guests.

This is a free event. This is our popular round-robin handicapped 9 ball tournament.

Event is 6:00 to 8:00 p.m. at the Wynmoor Country Club.

The Pool & Billiard Room is open 7 days/wk 8:00 a.m. to 11:00 p.m. The use of the room is open to all residents and their guests.

#### Photos by George Soussou



Week 30 Franco- 2nd, Bob H-1st, Ramon & Dave- 2nd



### Enjoying Stellar Paintings By Joseph Stella and Fine American Art at The Norton By Barry Isaac

his review is dedicated to the Norton Art Museum's fine collection of 20th Century American Art. On a pleasant Mid-October Saturday, I returned to the delightful Norton Art Museum in West Palm Beach, Florida. I stayed a full day as usual from 10:00 a.m. to 5:00 p.m.

I entered this treasure trove and segued to study its fine temporary, "Joseph Stella Visionary Nature" Exhibit (it ends January 15, 2023). Joseph Stella was born in Italy but spent much of his life in the United States and was a citizen of the United States. Joseph Stella's Paintings reflect the joy he received from the plants that he studied at New York City's Botanical Garden in the Bronx and his love of birds. Joseph Stella's Paintings also depict his devotion to Catholicism and his Italian roots. Favorite paintings in this very comprehensive exhibit were; "Swan 2 Rainbow," "Lyre Bird," "Purissima" (devotional theme influenced by Italian Renaissance Paintings), "Smokestacks," "Brooklyn Bridge," "Banyon Tree," and the very copiously botanical painting, "Tree of Life."

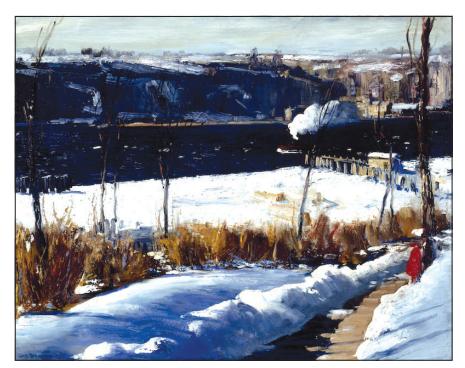
The Norton Art Museum's collection of 18th and 19th Century American Art on display is very limited, but I saw a delightful portrait by Gilbert Stuart worthy of encomium and a fine Florida Theme Painting by Thomas Moran, "Florida Scene." As for the first half of the 20th Century, favorite



American Paintings of mine that day were; Edmund Tarbell's "Eleanor Hyde," a fine example of American Impressionism, Childe Hassam's Impressionistic "Gloucester Harbor," John Grabach's "Sidewalks of New York City," George Bellows' "Wintry Afternoon, Riverside Park, New York City," Stuart Davis' "New York City Mural" (somewhat political), Georgia O'Keefe's "Pelvis With Moon, New Mexico," William Glackens' "Ocean With Two Figures," Robert Henri's "Orientale," and Maurice Prendergast's "Ramparts of St. Malo."

Second half of the 20th Century paintings that especially captivated me were Wayne Thiebaud's "Neapolitan Pie," Fairfield Porter's "Porch in Maine," Roy Lichtenstein's "Oh Allright" (quintessential American Pop Art), and Joan Brown's "Self Portrait with Gorilla and Wolf." I also saw fine mixed media creations by Contemporary American Artists, Nice Cave "Spacesuit," Teresita Fernandez "Rise and Fall," and Michalene Thomas "Naomi Looking Forward #2."

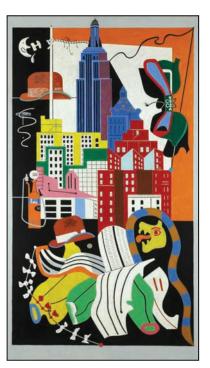
The Norton Art Museum is open from Thursday through Tuesday and closed on Wednesday. Admission for seniors like myself is fifteen dollars. There is plenty of free parking near the Norton Art Museum. I hope you enjoy the Norton Art Museum as much as I do. Norton Art Museum 561-822-5196 for further information.



**George Bellowa Winty Afternoon** 



One of Joseph Stella's paintings that I relished. It is a quintessential Joseph Stella painting.



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I live in Wynmoor and know the community and all it's amenities. In a competitive real estate market and with over 35 years of experience, having a seasoned professional on your side can make all the difference.

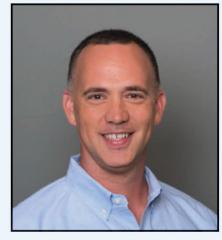
Call, text or email me to learn the current value of your home, what your real estate options are and how I can help!



GAYLE HANDSHU, REALTOR 305.632.0802 gayle13h@gmail.com Your Wynmoor Neighborhood Realtor

CAMPBELL & ROSEMURGY REAL ESTATE





# Are You Living With, Or Worried About Someone Suffering With Chronic Back Pain?

Do you, or someone you love, suffer with back pain? Does the pain get worse when you stand or walk? Do you experience pain, numbness or tingling into your butt or down your leg? Do you have pain when you sit for long periods or drive? Are you afraid your pain will get worse if you don't do anything about it? Has the pain gotten so bad, that you avoid many activities that you used to enjoy?

If you are 55+ and answered YES to any of these questions, then please read on because I have some special information about relief of your back pain.

It's a shame so many people think their options for dealing with back pain are rest, pain killers, or maybe worse, injections or even surgery. Often these solutions are only temporary, because they don't address the true cause of your back pain, but just mask the symptoms. Others believe there is nothing that can be done, and they will just have to suffer through the pain.

If you or someone you love is experiencing back pain and are wondering if you are doing the right things for your back, I would like to offer a free guide I have created to answer those questions. In this guide, Erasing Back Pain: How to Avoid the 9 Most Painful Mistakes and What You Should Be Doing Instead, you will find information about what will not help ease your back pain and how to make the right choices to get you out of back pain and on the road to enjoying an active, healthy lifestyle again.

I'm Todd James, Physical Therapist and I have been helping 1000s of people 55+ over the last 2 By Leading Back Pain Expert, Todd James

decades find quick, natural, long lasting relief from back pain. I've put together this guide because in easing your back pain it's not just about doing the right things, but also about avoiding the wrong things. When you choose the right path, your recovery from back pain will be much more effective.

If you are currently held back from getting a good night's sleep, being able to walk with friends, getting out on the golf course, or playing with the grand-kids, I invite you to visit www.coconutcreektherapy.com/ backpain to claim your free guide. If you prefer, give us a call at 954-972-1200 and we'll be happy to assist you.

Don't let back pain take the joy out of your life. Get started on your path to a pain free active life!



4301 Coconut Creek Pwy, Coconut Creek

# **Temple Beth Orr In Coral Springs Is Here** For Those in Need

#### **By Linda Storfer**

Temple Beth Orr in Coral Springs is pleased to announce that our Community Food Closet is open! Our synagogue is not only here for our members as a spiritual home and place to meet lifelong friends, but a place for social action where you and we can help those who are less fortunate.

Please help us by donating peanut butter, jelly, canned tuna, soup, pasta, beans, canned meats, green and yellow canned vegetables. A permanent collection box is located outside of the Kuhn Early Childhood Center and Rosenberg Religious School doors for non-perishable and non-expired food only (no pasta or rice - only cans please.) Gift cards are always welcome as are donations in any amount. Donations can also be made to the Finkelstone Food for the Needy Fund.

If you need some help and food during hard times, we provide food to members of the community on the 2nd and 4th Tuesday between 10:00 a.m. and 12:00 p.m. A valid form of Florida Identification is required to receive a distribution.

Please contact us at 954-753-3232 x201 or Office@templebethorr.org if you have any questions.

Temple Beth Orr is a multi-generational and multi-ethnic community, made up of singles, couples, and interfaith and gay and lesbian families. It is located at 2151 Riverside Drive, Coral Springs, FL 33071 (southwest corner of Riverside Dr. & Royal Palm Blvd.)

For more information: E-mail: office@templebethorr.org; website: www. templebethorr.org; Telephone: 954-753-3232 x201.



# MESMEN, INC.

MESMEN, Inc. was incorporated in 1987 to sell and service commercial laundry equipment and parts for Condos and Apartments in South Florida. Mesmen sells Maytag, Whirlpool and Speed Queen Commercial Coin and Manual Washers and Dryers. 1 YEAR FREE SERVICE on any machine we install, along with the factory warranties.

We are dedicated to quality in sales, service and parts. Operating a successful full-service facility.









61



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Probate	Call for Price

#### Plus costs, recording fees, filing fees or title insurance premiums

The hiring of a lawyer is an important decision that should not be based solely on advertisements. Before you decide, ask us to send you free written information regarding our qualification and experience.

# HANDYMAN

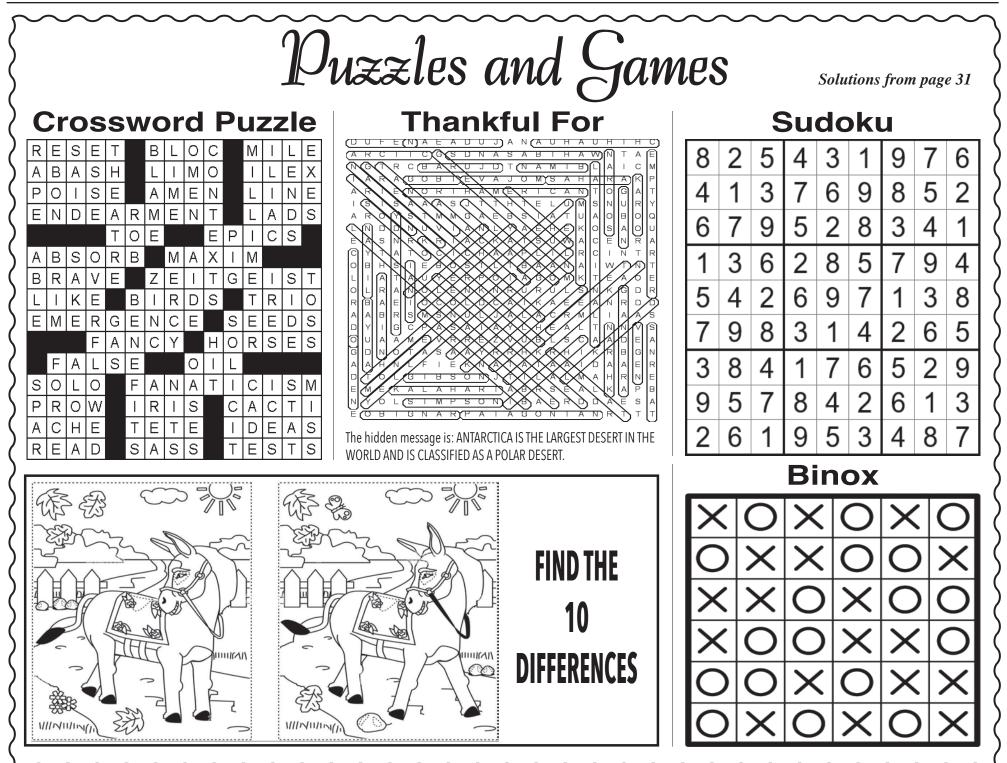
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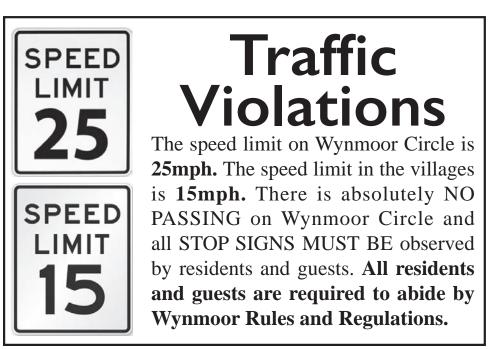
### PRIVATE DUTY AIDE AND COMPANION

Specializing in Parkinson's and Alzheimer's patients. Assist with appointments, dressing, showering, medication, cooking. Reliable, honest, licensed and insured. Day or Night. References available upon request. Call Evelyn 954-865-2185.

For classified information call: 954-975-8001 Mon.-Fri. 9am-5pm

### **Commercial Vans, Trucks, etc.** Are **NOT** permitted to park overnight on Wynmoor property.

WYNMOOR'S You Tube CHANNEL



### ve are now on youtube!

Check out Wynmoor Community Television on Youtube, Search 'Wynmoor Community Television' and Subscribe to the Channel for the latest video updates.

Watch Youtube from your Apple/Smart phone, your Apple/Smart TV, Your Laptop, Desktop, Tablet or any other device.





# Better Price, Better Service, Better Protection.



# WYNMOOR



NON-DEDUCTIBLE ANNUAL RATE

\$269

#### **ONE YEAR SERVICE, PARTS & LABOR COVERAGE**

<mark>Equipment</mark> No Deductible - No Co-Pay Required	Replacement Limits	Traditional Contract
Central Air Conditioner (up to 4 tons)	Included	
Refrigerator (food spoilage limited to \$150 per year)	Included	
Icemaker in Refrigerator	Included	
Oven / Range	Included	
Dishwasher	Included	
Garbage Disposal (up to 1/2hp)	Included	
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Plumbing & Electric (3 bath max)		
Drain Rooter Service (interior of home up to 10ft.)		
Angle Stops		
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Microwave (built in only)	\$20
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Faucet Replacement	\$10
Toilet Replacement	\$10
Smoke Detectors	\$10



PROMO: WYN18 Promotion Expires: Limited Time Offer

CALL 954-772-0972 TODAY!



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